# **PERUSAL BOOK 1**



# ESSENTIAL ELEMENTS

for Band



**COMPREHENSIVE BAND METHOD** 















TIM LAUTZENHEISER
JOHN HIGGINS
CHARLES MENGHINI
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Percussion consultant and editor
WILL RAPP

### PERUSAL BOOK FORMAT

This book is designed to give you an overview of Essential Elements for Band Book 1. Throughout this book you will find every exercise and page from the book, from the conductor book as well as a mixture of various student books. A variety of instruments were chosen to offer a sampling of how each instrument is approached. Instruments are notated on each page as they change throughout the book.

### **ESSENTIAL ELEMENTS INTERACTIVE**

Essential Elements Conductor and Student Books come with a wealth of tools and resources online! Be sure to check out www.essentialelementsinteractive.com for more information.



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# USING ESSENTIAL ELEMENTS

ESSENTIAL ELEMENTS is a comprehensive method for beginning band musicians, and can be used with full band, like-instrument classes or individuals. It is designed with fail-safe options for teachers to customize the learning program to meet their changing needs.

The Conductor book includes all the music and text from the student books, plus time-saving **EE Teaching Tips** throughout the score. As in the student books, the introduction of a new concept is always highlighted by a color box.

### STARTING SYSTEM

Use the unmeasured **Long Tones** to establish good tone production from the very beginning, and use the **Quarter Note** exercises to teach pulse and rhythm. These two different types of exercises are alternated during the introduction of the first five notes. In this way, students can concentrate fully on tone production with each new note, and still make rapid progress toward performing their first **real melody**.

Beginning with exercise 27, each new note is introduced with a long tone at the left margin of the student page. Emphasizing long tone practice will help develop solid tone production.

### RHYTHM RAPS

After establishing the quarter note pulse, all new rhythms are presented as clapping exercises in the innovative **Rhythm Rap** format. After each Rhythm Rap, the identical rhythms are played on simple pitches in the next exercise. Finally, they appear in an appropriate melodic setting in the subsequent (3rd) exercise.

# **PLAY-ALONG TRACKS**

Play-along tracks are available for all exercises in the book. The first 130 exercices have the melody for each instrument. From the very beginning, students can model tone production and technique by listening to a professional soloist playing **their specific instrument!** 

There is a one measure count-off before each track. These tracks are performed on real instruments...not synthesized by a computer. Real instruments support the phrasing and dynamics, teaching musicality from the start. And they explore a rich variety of musical styles and cultures, with classical, rock, jazz, country and world music.

### F HORN AND OBOE

The unique considerations for Horns and Oboes are addressed with the **optional starting system** on pages 4A through 11A in their books. These **Left-side** pages (Horns only/Oboes only) are written down a perfect 4th from the unison band, placing them on ideal starting notes for these instruments. The facing **Right-side** pages, 4B through 11B, are in unison with the full band and offer octave options for the Horns where appropriate.

For students using the Left-side (Horns only/Oboes only) starting system, there are 2 additional pages: 11C and 11D. These unique "Range Builder" pages introduce the 4 new notes needed to combine these students with the full band (for page 12 to the end).

With each Horn and Oboe book, students receive **two play-along options**, featuring a professional soloist and accompaniments for **either** starting system. If you chose the Left-side (Horns only/Oboes only) pages, simply have the students practice with the appropriate tracks. Play-along tracks for pages 11C and 11D are also available online.

## **PERCUSSION**

The 128-page Percussion book takes a **complete percussion** approach. Each regular student page is expanded to a 2-page spread which includes the **optional auxiliary percussion** parts and clear playing instructions for all instruments.

The last 48 pages are the complete **Keyboard Percussion** parts. The included Play-along tracks feature all the percussion...including drums, auxiliaries and keyboards.

On pages 344-359 of the Conductor book, look for the special **EE Percussion Tips** which relate solely to Percussion.

### PRE-PLANNED FIRST CONCERT

Because research shows that students are more likely to succeed if they perform a concert for their parents during the first 8 weeks, ESSENTIAL ELEMENTS includes a complete pre-planned concert program on student pages 12–13. At this point, students have learned just 7 notes. The material is flexible in design...featuring a warm-up, a duet (or 2-part band arrangement), a round, a piece to feature the woodwind, brass and percussion sections, an encore-style piece, etc.

The concert for parents could also include highlights of the music learned earlier in the year, as well as demonstrations of the instrument families.

The music on these 2 pages can also be used as a culmination activity to test or review all previously learned skills.

### PERFORMANCE SPOTLIGHTS

In addition to the pre-planned first concert, there are 6 more **full band arrangements** throughout the book. Plus, the **duets** and **trio** can be used as ensembles or played by the full band. Performances for relatives, community organizations, or for the school itself are highly encouraged.

There are 2 solos with written piano accompaniments for each instrument. The first solo experience is Dvorak's Theme From "New World Symphony" on student page 23. On student page 38, upper woodwinds perform Mozart's Eine Kleine Nachtmusik, while brass and lower woodwinds play Brahms' Theme From Symphony No. 1.

A special solo for snare drum, *Hungarian Dance No.* 5, is found on student page 23. Offenbach's *Can Can*, arranged for percussion ensemble (4–6 players) is found on page 38 of the Percussion (and Keyboard Percussion) books.

### **DAILY WARM-UPS**

You can establish good practice habits with this systematic approach for developing tone and technique. Use the Daily Warm-Ups on student page 18, replacing them with the second set of warm-ups when the class reaches page 30. In addition to tone and technique exercises, each includes a Bach chorale with simple harmony.

# RUBANK® SCALE & ARPEGGIO STUDIES

Developed from classic Rubank etudes, these supplemental exercises on student pages 40–41 provide many different teaching opportunities. They are excellent for expanding individual technical skills, and may be introduced as extra challenges when appropriate for individual players or sections.

If the entire band has reached these pages sequentially, they can also be used as full band **warm-ups** and **technique builders**. Additional performance skills can be reinforced by varying the tempo, dynamics, etc.

# **EE RHYTHM STUDIES**

These supplementary rhythm exercises appear on student pages 42–43. Notated on a single-line staff with 4 measures per line, they are very easy for students to read. The rhythms advance sequentially, and can be used in any length of measure groupings. Simply choose the beginning and ending measure, plus any repetition desired.

Start by using a single pitch throughout the measure(s) selected. Then change pitch only at the beginning of measures. By specifying how often to change pitch, the rhythms can become very challenging.

The use of these supplementary exercises should be started in the early stages of a student's development.

# MUSIC THEORY, HISTORY, AND CROSS-CURRICULAR ACTIVITIES

All the necessary materials are woven into the learning program—right in the student books. With teaching time in such short supply, it would normally be impractical to take class time to relate music to history, world cultures or to other subjects in the curriculum. But ESSENTIAL ELEMENTS correlates these activities to the concepts and music throughout the program. These Theory and History features are highlighted by **color** boxes and appear at 36 locations in Book 1.

As a result, teachers can efficiently meet and exceed the **National Standards for Arts Education**, while still having the time to focus on music performance skills.

### **CREATIVITY**

Essential Creativity exercises appear in several places throughout Book 1. These are preliminary activities de-signed to stimulate imaginations, and to foster a creative attitude toward music. At any time after students complete exercise 137, you can direct them to the Creating Music activities on their page 44. This page can be used as a complete lesson on Composition and Improvisation. By completing the activities, students are guided through basic concepts about how melodies are created.

## **ASSESSMENT**

On student page 45, there is a complete list of 28 **Star Achiever** exercises. These include the Essential Elements Quiz and Creativity exercises, the Performance Spotlights and additional lines which encompass all the notes and skills used in Book 1. On the students' page, they can fill in a star for each item which they pass.

Teachers can use this basic checklist to keep track of student performance assessments. In addition, there is a detailed list of items to evaluate (EE QUIZ ASSESSMENTS) above each quiz in the Conductor score. Each of these indicate all the new material and skills taught since the previous quiz.

### ADDITIONAL RESOURCES AVAILABLE

### **TEACHER RESOURCE GUIDE**

This valuable resource integrates various subject areas of the school curriculum into the band program, including assessment and enrichment materials and a convenient ready-to go set of lesson plans. A CD is included with editable word processing files.

### PIANO ACCOMPANIMENT BOOK

Easy piano accompaniments for all the exercises in Book 1.

### **CORRELATED MATERIALS**

The ESSENTIAL ELEMENTS BAND SERIES includes original and popular music, arranged for beginning band. Each publication is correlated to one of five specific "levels" within Books 1 and 2 (see the Sequence Of Essential Elements chart in the Conductor book for details). Contact your music dealer or the publisher for information on the latest releases in this series.

# **SEQUENCE OF**

											1	
Director Page	13-15	16-25	16-25	26-31	32-38	39-42	43-47	48-53	54-61	62-67	68-77	78-83
Student Page	1	2	3	4	5	6	7	8	9	10	11	12
Rhythms				Long Tone	4 4	J. <u>-</u>	O: =		Perc. only:	Л	2 4	
Theory					Note Names Time Signature		Key Signature: Concert B♭	Harmony				
History	Individual Instrument							Mozart		Rossini		
Terms		Embouchure	Music Staff Ledger Lines Measures Bar Lines	Beat Notes and Rests	Double Bar Repeat Sign Clef Sharp Flat Natural	Breath Mark 9		Fermata Perc.: Rudiments	Pick-Up Notes Dynamics f, mf, p		Tempo Allegro Moderato Andante	Round
Special Features		Tone Production Instrument Care Mouthpiece and Reed Workouts	Instrument Assembly and Playing Position				Duet: Split Decision	Duet: London Bridge			Pages 11C and 11D – Additional Special Horn and Oboe pages	Perf. Spotlight Band Arr.: Aura Lee Frère Jacques
Quiz Assessments					Note Names, Repeat Sign	Notate pitches and Rhythms on a staff, Repeat Sign	Time Signature, Key Signature, Counting Mixed Rhythms	Understanding Music Symbols, Note Names		Pick-Up <b>mf</b> , <b>f</b>	Conducting	
Note Sequence						(Review)						
Flute				G 76 0	0 ) <sub>6</sub>	6						
						(Review)						
Oboe				G 7G O	0 b	2000						
				▲ Regular and Forked		(Review)		<u>'</u>			Oboes only: Pages 11C, 11D	
Alt. Oboe				0 )O 0	0 6	6000		•			70	
				<u> </u>		(Review)		1			Forked Forked and Regular	
B♭ Clarinet B♭ Bass Clar.				0 0		6		•				
					0 0	(Review)			•		-	
E∍ Alto Clar.						6						
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E⊦ Alto Sax.				0 0 6		(Review)		•	#-			
E∍ Bar. Sax.				- 0	<b>A G</b>	9			#•		•	
				6 <sub>6 6</sub>	0 a	(Review)		•				
B♭ T. Sax.					0 0				•		•	
					,	(Review)			'			
B♭ Trumpet Bar. T.C.				<b>6 6</b>		6		•				
					0 0	(Review)			<b>-</b>		Tpt. only	
F Horn				O DO		2000		•				
				0,00	0 0	0-7-		•	•		Horns only:	
					0 4	(Review)					Pages 11C, 11D	
Alt. F Horn				6 6		6		•			50	
Trombone Bar. B.C.					0 -0	(Review)			7		\$ pa ' '	
Bassoon				<b>6</b> 7 <b>6</b> 0	0 0	9:000						
E. Bass				' ' '		(Review)					E. Bass only	
Tuba						9: 1						
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Kybd. Perc.					O D				•			
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Percussion Techniques		Matched Grip Traditional					-	<u> </u>	********		19 d 19 d	x ^
·		Grip					Multiple Bounce	Flam	Paradiddles	Multiple Bounce Eighth Notes	Flam Taps	Let Ring
New Perc. Instruments				0 5	D 0			<b>.</b>		0 0	T	
ou willeins				Snare Drum	Bass Drum			Triangle		Sus. Cym. Wood Block	Tambourine (Sus. Cym. Roll)	
										Crash Cym.		

Correlating Band Arr. Levels

Explorer

# **ESSENTIAL ELEMENTS**

Director	84-90	91-97	98-102	103-109	110-119	120-127	128-134	135-142	143-150	151-156	157-159	160-167
Page Student	13	14	15	16	17	18	19	20	21	22	23	24
Page	13	17	15	10	17	10	19	20	21		25	27
Rhythms		J.	3 4		Perc. only:	Perc. only:				J. J) J) J.		
Theory				Accidental Key Signature: Concert E		Theme and Variations		Phrase Key Signature: Concert F				Intervals
History			Grieg Latin American Music	Japanese Folk Music			African-American Spirituals Ragtime	J. S. Bach	Schubert Blues		Dvorák	
Terms	Measure Number	Tie	Accent	1st & 2nd Endings		D.C. al Fine	Natural ‡ Slur Tbn.: Glissando	Multiple Measure Rest 2 Perc.: Simile			Largo	
Special Features	Perf. Spotlight Band Arr.: When The Saints Old MacDonald Ode To Joy Hard Rock Blues		Conducting  Use a second conducting conducting conducting conducting conduction conducting conducti	Band Arr.: Sakura, Sakura	Duet: Jolly Old St. Nick Essential Creativity: Improvisation	Daily Warm-Ups		Duet: Minuet Essential Creativity: Phrasing	Duet: Bottom Bass Boogie		Perf. Spotlight Solo with Piano Accomp.	Brass: Lip Slurs Clarinets: Upper Register
Quiz Assessments		Pick-Up Tie			Key Signature Accent  3 4 Dynamics		Slur D.C. al Fine Counting			J. J. Slur Pick-up		Intervals
Note Sequence	,			, ,	be			•				<b>£</b>
Flute				7.0					100			
Oboe	2			be	be		•	•	be b			
	9	▲ Forked and Regular			<b>,</b>				Alt.			•
B♭ Clarinet	2	and Negulai		. 10								
B♭ Bass Clar.	9	-		70			#0		70			
	9				•							
E♭ Alto Clar.	9				•		to	#•	70			
	0			#	•		TI IL	#•				•
E♭ Alto Sax. E♭ Bar. Sax.	6						i e	*	<b>&gt;</b>			
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B♭ T. Sax.	6			70			#		to			
	0								11			
B♭ Trumpet Bar. T.C.	6			<b>&gt;</b>			#	•	h.			
				7			1					
F Horn	2			7.0			•	•	20			
	9			Opt.	Opt.		•	Opt.				
Trombone Bar. B.C.	9:			<b>&gt;</b>	be		,	•	<b>&gt;</b>			Tbn.
Bassoon E. Bass				20								Alt.
Tuba	9:				h -							
				b	<b>&gt;</b>		•		70			
	0			be	be			•				•
Kybd. Perc.	6			70								
Percussion Techniques	#		B L B L B L Double Paradiddle						%.	Z = ZZZZ		
			Flam Accent  Rim Shot						One Measure Repeat	Closed Roll		
New Perc. Instruments			Maracas	Snare Drum -	Sleigh Bells							
			Claves	Snares off								

Correlating Band Arr. Levels

# **SEQUENCE OF**

Director Page	168-175	176-181	182-191	192-196	197-204	205-209	210-214	215-221	222-227	228-233	234-241	242-249
Student Page	25	26	27	28	29	30	31	32	33	34	35	36
Rhythms							<b>J</b> , 7					
Theory				Scale Chord Arpeggio					Enharmonics Chromatic Notes			Intervals
History				Haydn		"Hatikvah"		Sousa "O Canada"		Saint-Saëns Beethoven	Tchaikovsky	
Terms	Trio	Common Time C Repeat Signs			Soli			Maestoso	Chromatic Scale			
Special Features	Trio: Kum Bah Yah When The Saints Clarinets: Crossing the Break	Conducting  Leading Leading Composition			Perf. Spotlight Band Arr.: School Spirit Carnival of Venice	Daily Warm-Ups				Duet: Theme From Symphony No. 7		Perf. Spotlight Band Arr.: America The Beautiful La Cucaracha
Quiz Assessments				Note Names Repeats with 1st and 2nd Endings,			J, 7, Dynamics	Meter Changes, Conducting,			Scale Counting Mixed Rhythms	
Note Sequence Flute	\$							be	be # - # -			
Oboe								) <b>•</b>	bo #			
B♭ Clarinet B♭ Bass Clar.								70	Alt.	Alt.		
E♭ Alto Clar.								be	## Alt. Alt.	#Alt.		
E♭ Alto Sax. E♭ Bar. Sax.			Alt.					be	Alt.			
B♭ T. Sax.			Alt.						Alt.			
B♭ Trumpet Bar. T.C.								70				
F Horn								þ.	Do #			
Trombone Bar. B.C. Bassoon E. Bass	9:							70	P # 10 # 10			
Tuba	) <u> </u>							be be	be #e			
Kybd. Perc.					•				***************************************		LR LR LLR	
Percussion Techniques	Closed Roll		Two Measure Repeat	Extended Roll							Flamacue	
New Perc. Instruments							Cowbell		Timpani	(Tamb. Shake)		(Timpani Roll)

Correlating Band Arr. Levels

# **ESSENTIAL ELEMENTS**

Director Page	250-256	257-263	264-271	272-283	284-295	296	297	298-302	303	304-341	304-341	342-343
Student Page	37	38	39	40	41	42	43	44	45	46	47	48
Rhythms												
Theory								Composition Improvisation				
History		Brahms or Mozart										
Terms												
Special Features	Perf. Spotlight Band Arr.: Theme From 1812 Overture	Perf. Spotlight Indiv. Instr. Solo with Piano Accomp. Perc. Ensemble	Duets: Swing Low, Sweet Chariot, La Bamba	Rubank <sup>®</sup> Scale And Arpeggio Studies	Rubank <sup>®</sup> Scale And Arpeggio Studies	Rhythm Studies	Rhythm Studies	Creating Music	Essential Elements Star Achiever chart	Fingering chart Perc.: Rudiment chart	Fingering chart Perc.: Rudiment chart	Reference Index
Note Sequence Kybd. Perc.												
Percussion Techniques			Rim Knock									

# **COMPLETE LISTING OF MATERIALS**



# STUDENT BOOKS (with Essential Elements Interactive)

00870243	Flute
00870244	Oboe
00870245	Bassoon
00870246	B♭ Clarinet
00870247	E <sub>P</sub> Alto Clarinet
00870248	B <sub>P</sub> Bass Clarinet
00870249	E <sub>b</sub> Alto Saxophone
00870250	B) Tenor Saxophone
00870251	E Baritone Saxophone
00870252	B <sub>r</sub> Trumpet
00870253	FHorn
00870254	Trombone
00870255	Baritone (B.C.)
00870256	Baritone (T.C.)
00870257	Tuba
00870258	Electric Bass
00870259	Percussion (incl. Keyboard)

### **ADDITIONAL STUDENT RESOURCES**

www.essentialelementsinteractive.com

TEACHER MATERIALS								
00870242	CONDUCTOR BOOK Includes full score, all student text, teaching aids, access to online videos and Bonus Songs, plus much more.							
00862586	TEACHER RESOURCE GUIDE Includes Book 1 Lesson Plans, reproducible student activity pages, plus much more, all on CD-ROM							
00870496	PIANO ACCOMPANIMENT							



# THE POWERFUL CLOUD-BASED **COMPANION TO THE ESSENTIAL ELEMENTS** METHOD BOOKS



Essential Elements Interactive includes SoundCheck Performance Assessment and a wealth of online resources to support the time-tested Essential Elements methods. EEi is free to use for students and teachers, and Music Studio access is included with physical or digital method book purchases containing the activation code.

- Cloud-based platform—eliminating the need to download any software or renew licenses
- Seamless Google Classroom integration
- Online performance assessment powered by SoundCheck



- · Music studio with professional demonstration and accompaniment tracks, recording features, and practice tools (metronome, tuner, finger chart)
- Video assignment recording features for assessment, practice, and lesson review
- Supplemental learning resources such as pedagogical lessons, music theory lessons and more
- Customizable classroom calendar and flexible communication tools for teachers and students
- Pedagogically appropriate Bonus Songs available online and instrumentspecific instructional videos

Essential Elements Interactive is available for Essential Elements for Band and Strings Books 1, 2, and 3.



Create your free account today at essentialelementsinteractive.com or scan the QR code.



# **EE BAND PERUSAL BOOK 1: ALTO SAXOPHONE**

# THE BASICS

#### **Posture**

Sit on the edge of your chair, and always keep your:

- · Spine straight and tall
- · Shoulders back and relaxed
- · Feet flat on the floor

# **Breathing & Airstream**

Breathing is a natural thing we all do constantly. To discover the correct airstream to play your instrument:

- Place the palm of your hand near your mouth.
- Inhale deeply through the corners of your mouth, keeping your shoulders steady. Your waist should expand like a balloon.
- Slowly whisper "too" as you gradually exhale air into your palm.

The air you feel is the airstream. It produces sound through the instrument. Your tongue is like a faucet or valve that releases the airstream.

### **Producing The Essential Tone**

Your embouchure (ahm´-bah-shure) is your mouth's position on the mouthpiece of the instrument. A good embouchure takes time and effort, so carefully follow these steps for success:

### REED PLACEMENT

- Put the thin end of the reed in your mouth to moisten it thoroughly.
- Looking at the flat side of the mouthpiece, the ligature screws extend to your right. Slide the ligature up with your thumb.
- Place the flat side of the reed against the mouthpiece under the ligature.
- Lower the ligature and position the reed so that only a hairline of the mouthpiece can be seen above the reed.
- · Gently tighten the ligature screws.

### **EMBOUCHURE**

- Moisten your lips and roll the lower lip over your bottom teeth.
- Center the mouthpiece on your lips and place it in your mouth about 1/2 inch.
- Place your upper teeth directly on the mouthpiece. The reed rests on the lower lip over the teeth.
- Close your mouth around the mouthpiece, like a rubber band. Your facial muscles all support and cushion your lips on the mouthpiece.
- Keep your chin down and slightly relaxed.

# Taking Care Of Your Instrument

Before putting your instrument back in its case after playing, do the following:

- Remove the reed, wipe off excess moisture and return it to the reed case.
- Remove the mouthpiece and wipe the inside with a clean cloth. Once a week, wash the mouthpiece with warm tap water. Dry thoroughly.
- Loosen the neck screw and remove the neck. Shake out excess moisture and dry the neck with a neck cleaner.
- Drop the weight of a chamois or cotton swab into the bell.
   Pull the swab through the body several times. Return the instrument to its case.
- Your case is designed to hold only specific objects. If you try to force anything else into the case, it may damage your instrument.

### **MOUTHPIECE WORKOUT**

Form your embouchure around the mouthpiece, and take a deep breath without raising your shoulders. Whisper "too" and gradually exhale your full airstream. Strive for an even tone.



REST

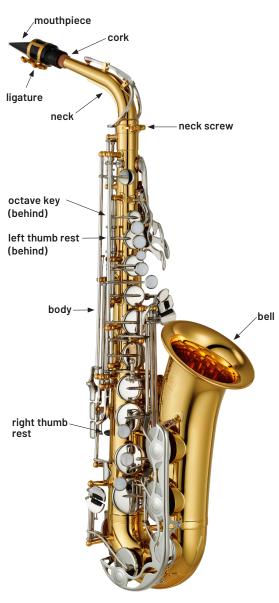


REST

If you just played the MOUTHPIECE WORKOUT, begin by carefully removing the reed. Otherwise, take the reed from its case.

- **Step 1** Carefully put the thin end of the reed in your mouth to moisten thoroughly. Rub a small amount of cork grease on the neck cork, if needed. Clean hands.
- **Step 2** Hold the body of the saxophone near its upper end and remove the end plug. Loosen the neck screw and gently twist the neck into the body. Be careful not to bend any keys. Tighten the neck screw.
- **Step 3** Carefully twist the mouthpiece on the neck so that approximately 1/2 of the cork remains uncovered. Place the reed on the mouthpiece (see page 2).
- **Step 4** Place the neck strap around your neck and attach the hook to the ring on the back of the saxophone. Adjust the length of the strap so you can comfortably put the mouthpiece in your mouth.
- **Step 5** Place your right thumb under the thumb rest. Put your left thumb diagonally across the left thumb rest. Your fingers should curve naturally. Hold the instrument as shown here:





3

The student shown is a member of the Milwaukee Youth Symphony Orchestra.

### **READING MUSIC**

Identify and draw each of these symbols:

Music Staff									

The **music staff** has 5 lines and 4 spaces where notes and rests are written.

### **Ledger Lines**

**Ledger lines** extend the music staff. Notes on ledger lines can be above or below the staff.

### **Measures & Bar Lines**

	Measur	е	Ме	asure		
					=	
					⇉	
			\		_	
3ar Lir	ne	Bar	Line	E	Bar L	ine

**Bar lines** divide the music staff into **measures**.

# **EE BAND PERUSAL BOOK 1: ALTO SAXOPHONE**

# **INSTRUCTIONAL VIDEOS ONLINE**

Hundreds of new videos have been added to the online library across all instruments. These videos are recorded by real life teachers who have used Essential Elements for years with their students. These videos are instrument-specific and address various friction points that can creep up, especially in group instruction settings.

- Slurring on the trombone
- Going over the break on the clarinet
- Flicking on the bassoon
- Right-hand placement on the F horn
- Bis B-flat on the saxophone
- Forked F on the oboe
- Using the third valve slide on the trumpet
- Cleaner articulations on the tuba
- Over 50 percussion videos! Tips on the tambourine, timpani, bass drum, triangle, sleigh bells, cymbals, snare drum, claves, mallets, etc.







Oboe

Clarinet

Alto Saxophone







Trumpet

Trombone

Tuba







Snare Glockenspiel

F Horn

# **EE BAND PERUSAL BOOK 1**

# CORRELATED, COPYRIGHTED POP MUSIC

Recent, popular Bonus Songs will be available online on Essential Elements Interactive that are pedagogically appropriate for what the student has learned at various points in the books. Students will be able to play familiar parts of the most recent pop songs from artists like Billie Eilish, Chappell Roan, Ed Sheeran, Taylor Swift and more! All are played in comfortable keys and with notes and rhythms they have already learned.



drivers license by Olivia Rodrigo



I Ain't Worried (from Top Gun Maverick) by OneRepublic



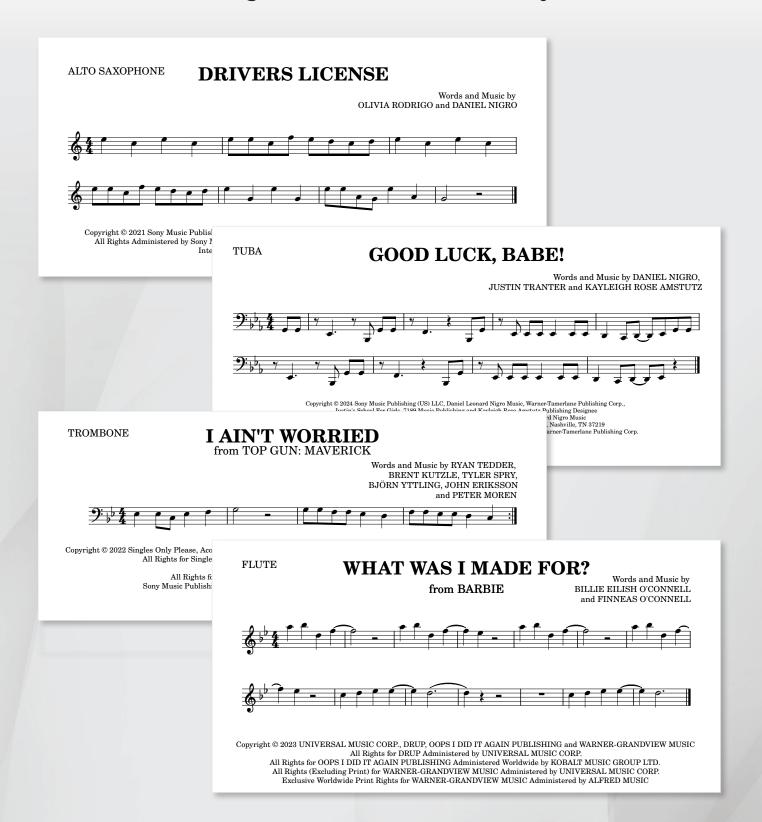
Good Luck, Babe! by Chappell Roan



What Was I Made For? (from Barbie)
by Billie Eilish

# **EE BAND PERUSAL BOOK 1**

- Pedagogically appropriate
- Play familiar parts of the most recent songs
- Comfortable keys
- Notes and rhythms students have already learned



# **EE BAND PERUSAL BOOK 1: CLARINET**

Long Tone

To begin, we'll use a special "Long Tone" note. Hold the tone until your teacher tells you to rest. Practice long tones each day to develop your sound.

### 1. THE FIRST NOTE

 $|\Lambda|_{\odot}$  Hold each long tone until your teacher tells you to rest.



"G" is played **open**. Keep your fingers relaxed and curved above the tone holes.

### **The Beat**

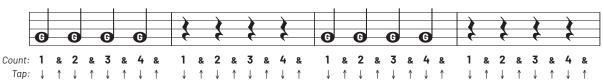
The **beat** is the pulse of music, and like your heartbeat it should remain very steady. Counting aloud and foot-tapping help us maintain a steady beat. Tap your foot **down** on each number and **up** on each "&."

One beat = 1 & ↓ ↑

### **Notes & Rests**

**Notes** tell us how high or low to play by their placement on a line or space of the music staff, and how long to play by their shape. **Rests** tell us to count silent beats.

### 2. COUNT AND PLAY



### 3. A NEW NOTE

Look for the fingering diagram with each new note.

REST

F

▲ The black circles tell you which tone holes to cover or keys to press. "F" is played with the **left thumb**.

### 4. TWO'S A TEAM



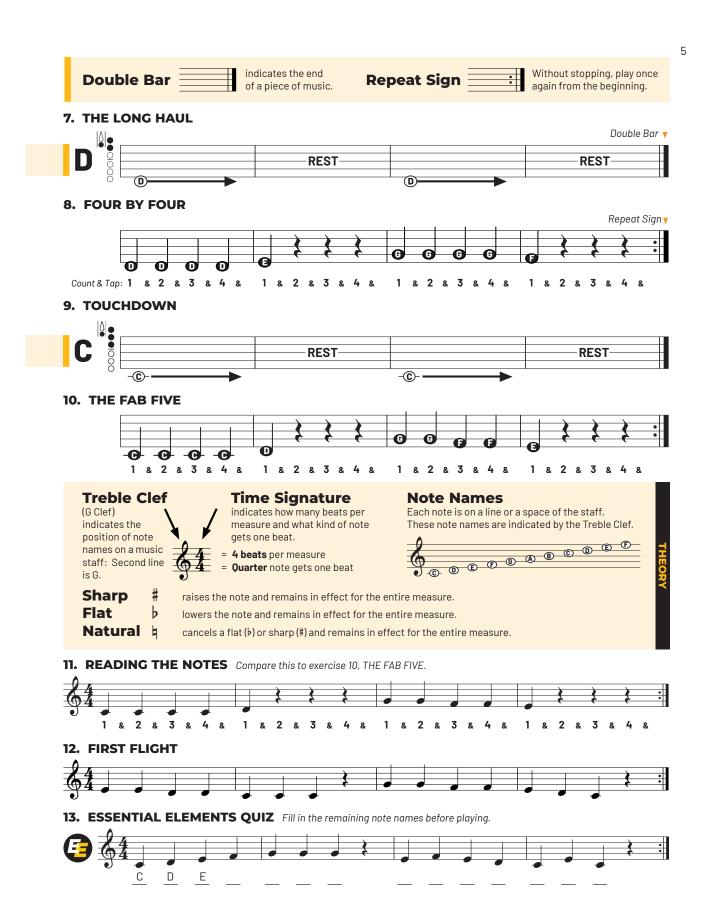
### 5. HEADING DOWN



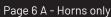
### 6. MOVING ON UP

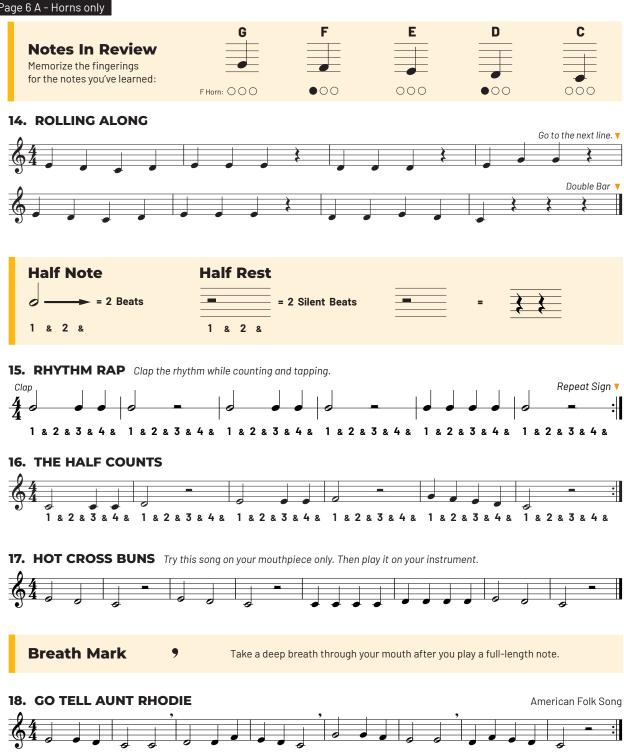


# **EE BAND PERUSAL BOOK 1: CLARINET**

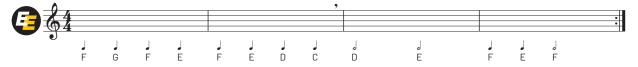


# **EE BAND PERUSAL BOOK 1: F HORN**

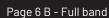


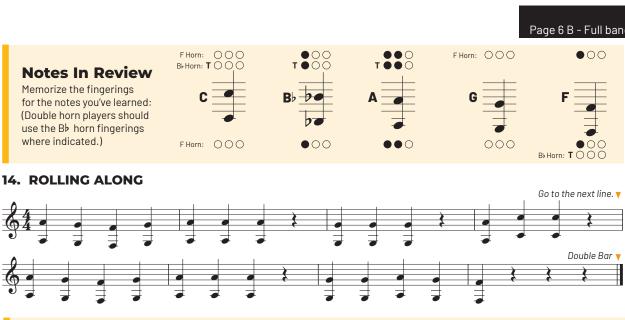


**19. ESSENTIAL ELEMENTS QUIZ** Using the note names and rhythms below, draw your notes on the staff before playing.



# **EE BAND PERUSAL BOOK 1: F HORN**







15. RHYTHM RAP Clap the rhythm while counting and tapping.



16. THE HALF COUNTS



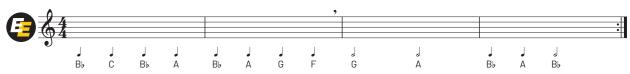
17. HOT CROSS BUNS Try this song on your mouthpiece only. Then play it on your instrument.



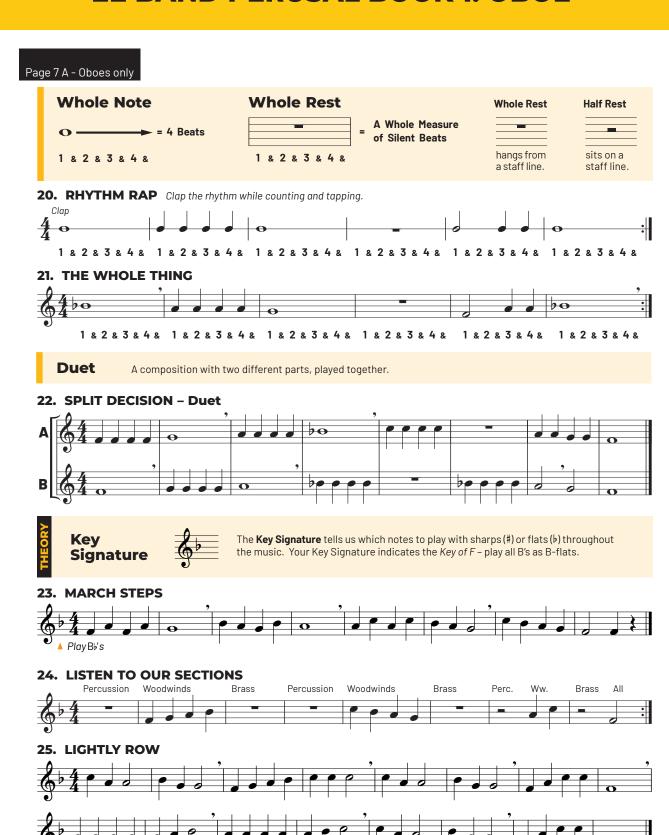
**Breath Mark** Take a deep breath through your mouth after you play a full-length note.



19. ESSENTIAL ELEMENTS QUIZ Using the note names and rhythms below, draw your notes on the staff before playing.



# **EE BAND PERUSAL BOOK 1: OBOE**



**26. ESSENTIAL ELEMENTS QUIZ** Draw in the bar lines before you play.

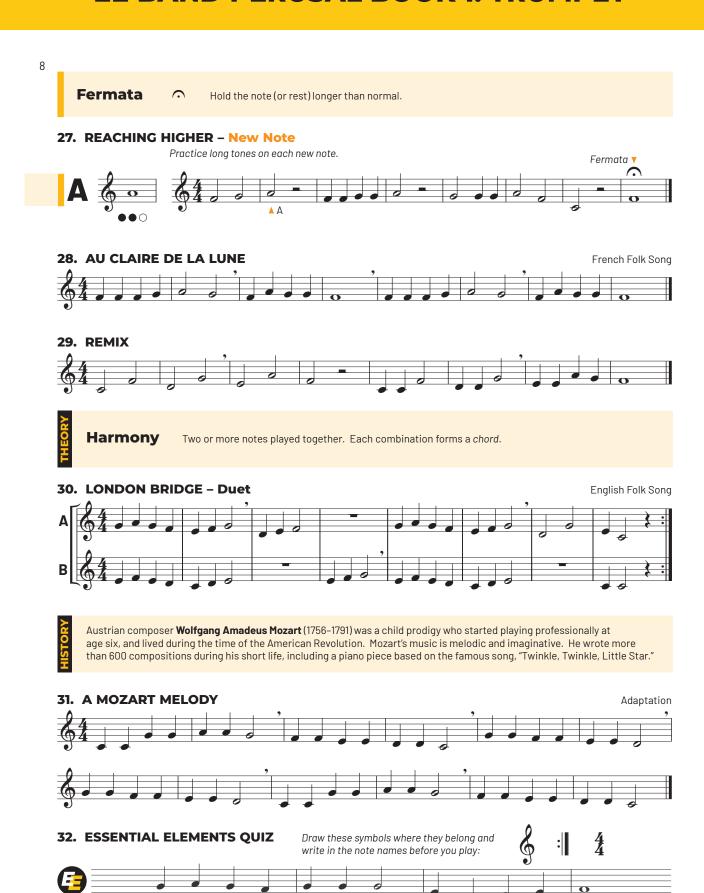


# **EE BAND PERUSAL BOOK 1: OBOE**

Page 7 B - Full band



# **EE BAND PERUSAL BOOK 1: TRUMPET**



# **EE BAND PERUSAL BOOK 1: TRUMPET**

### 33. DEEP POCKETS - New Note



### 34. DOODLE ALL DAY



### 35. JUMP ROPE



**Pick-Up Notes** 

One or more notes that come before the first full measure. The beats of Pick-Up Notes are subtracted from the last measure.

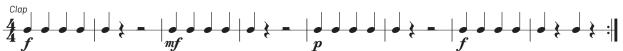
### **36. A-TISKET, A-TASKET**

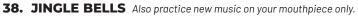


**Dynamics** 

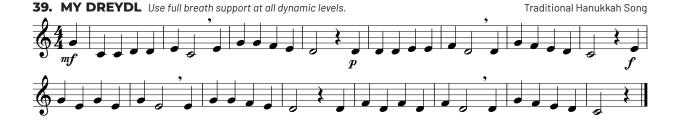
mf - mezzo forte (play moderately loud)  $m{f}$ - forte (play loudly) **p** - piano (play softly) Remember to use full breath support to control your tone at all dynamic levels.

### 37. LOUD AND SOFT

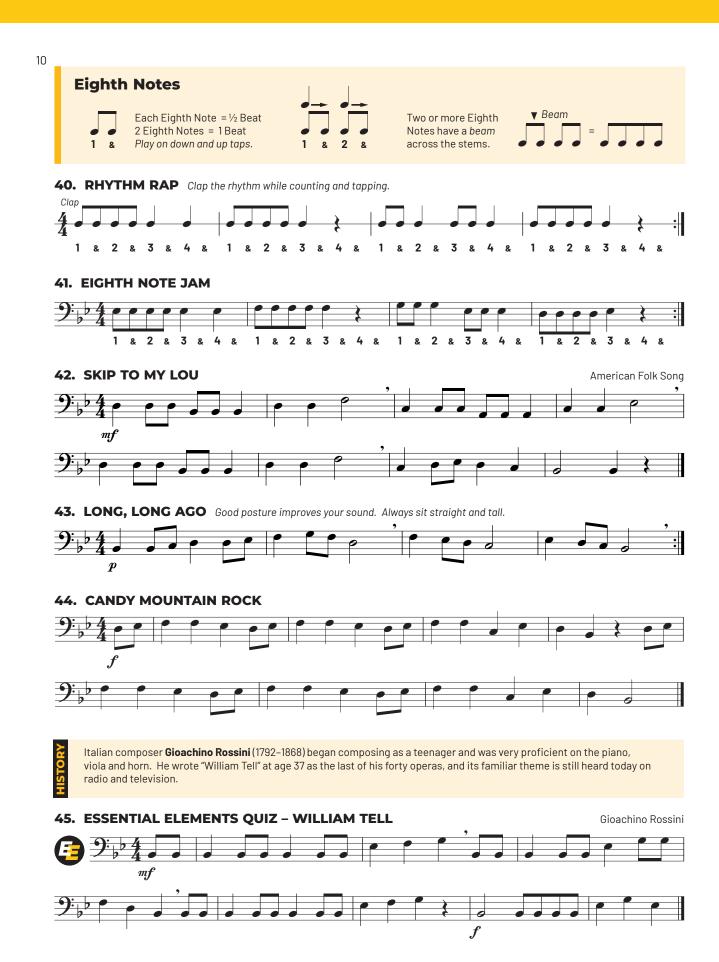




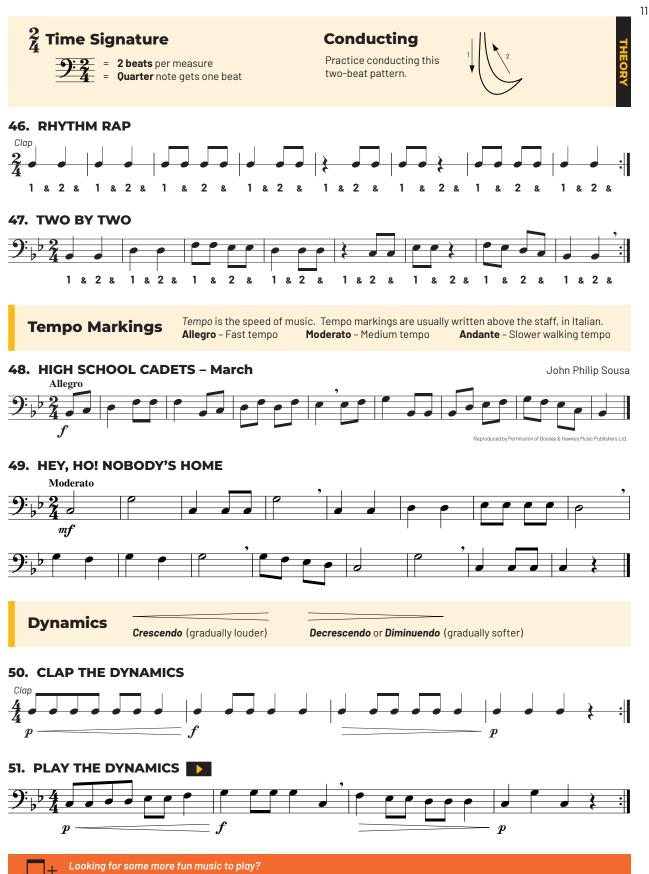




# **EE BAND PERUSAL BOOK 1: TROMBONE**



# **EE BAND PERUSAL BOOK 1: TROMBONE**



12

# **PERFORMANCE SPOTLIGHT**

### **52. PERFORMANCE WARM-UPS**

**TONE BUILDER** 





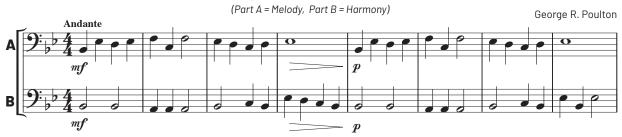
### **RHYTHM RAP**



### **CHORALE**



### 53. AURA LEE - Duet or Band Arrangement







French Folk Song

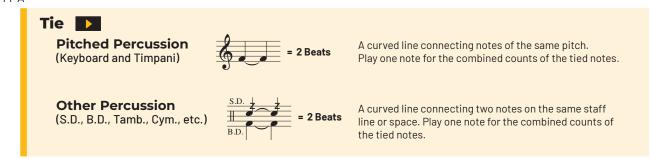


# **PERFORMANCE SPOTLIGHT**



# **EE BAND PERUSAL BOOK 1: PERCUSSION**

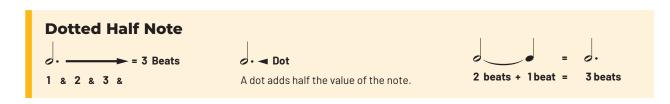
14-A



### 59. FIT TO BE TIED









# **EE BAND PERUSAL BOOK 1: PERCUSSION**

14-B

### **62. IT'S RAINING** Practice flam taps in this exercise.



### **63. NEW DIRECTIONS**



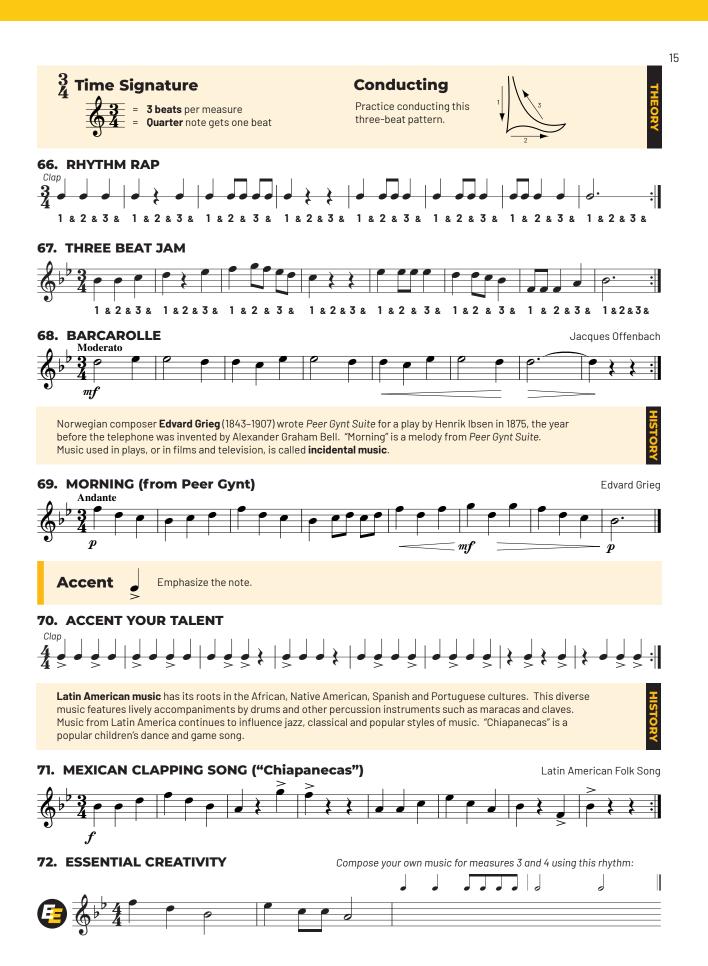
### 64. THE NOBLES



### **65. ESSENTIAL ELEMENTS QUIZ**



# **EE BAND PERUSAL BOOK 1: MALLET PERCUSSION**



Student Book Page 16

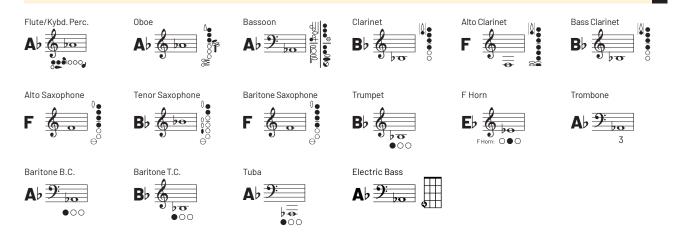
### **Accidental**

Any sharp, flat or natural sign which appears in the music without being in the key signature is called an accidental.

Flat b

A **flat** sign lowers the pitch of a note by a half-step. The note A-flat (C inst.) sounds a half-step below A, and all A's become A-flats for the rest of the measure where they occur.

Natural \$\pm\$ A natural sign cancels a flat (b) or sharp (#) and remains in effect for the entire measure.



**TEACHING TIP** Play their new note before playing this exercise.



103

Student Book Page 16

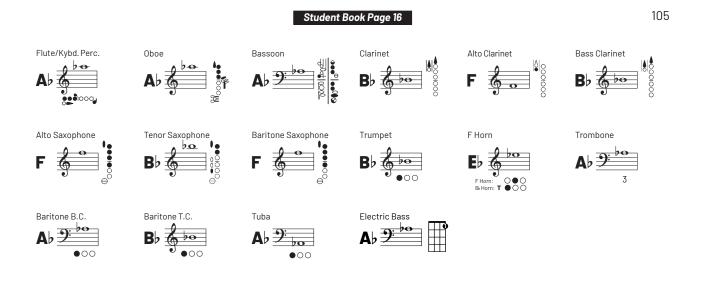
(E) TEACHING TIP

Review the repeat sign.

### 74. COSSACK DANCE



104



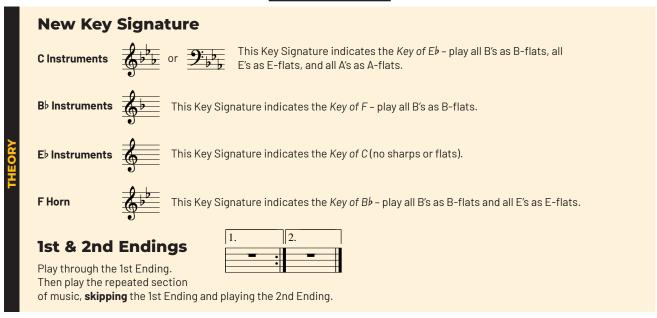
Play the new note before playing this exercise.

F Horn Double Horn Players: add the thumb key and use the Bb Horn fingering to play "Eb."

**TEACHING TIP** 



106 Student Book Page 16



**TEACHING TIP** Give students a visual example to make sure they understand 1st and 2nd endings.





108 Student Book Page 16



**Japanese folk music** actually has its origins in ancient China. "Sakura, Sakura" was performed on instruments such as the **koto**, a 13-string instrument that is more than 4000 years old, and the **shakuhachi** or bamboo flute. The unique sound of this ancient Japanese melody results from the pentatonic (or five-note) sequence used in this tonal system.



Before playing the entire arrangement, play the first three notes slowly, listening for balance.



## **EE BAND PERUSAL BOOK 1: CONDUCTOR**



## **EE BAND PERUSAL BOOK 1: CLARINET**

16

Acc

## **Accidental**

Any sharp, flat or natural sign which appears in the music without being in the key signature is called an **accidental**.

## Flat b

A **flat** sign lowers the pitch of a note by a half-step. The note B-flat sounds a half-step below B, and all B's become B-flats for the rest of the measure where they occur.

## 73. HOT MUFFINS - New Note







## 75. BASIC BLUES - New Note



HEORY

## **New Key Signature**



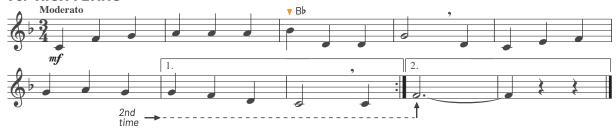
## **1st & 2nd Endings**Play through the 1st Ending.



This Key Signature indicates the Key of F – play all B's as B-flats.

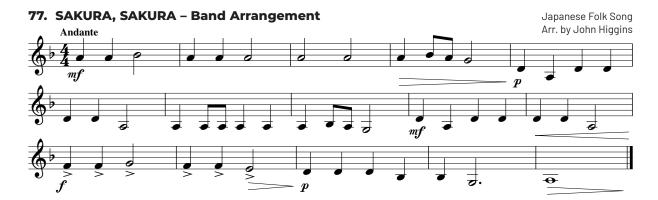
Then play the repeated section of music, **skipping** the 1st Ending and playing the 2nd Ending.

#### 76. HIGH FLYING

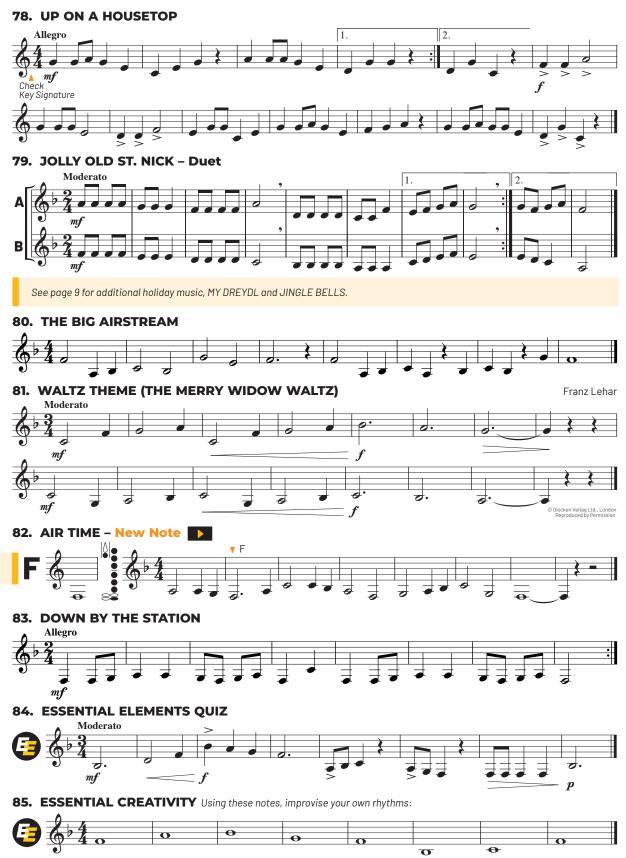


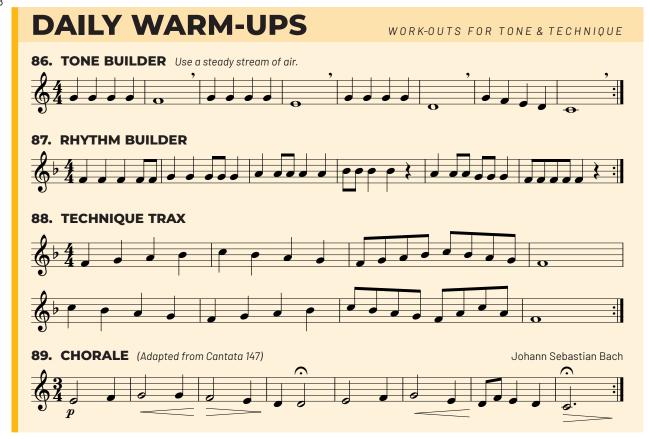
STORY

**Japanese folk music** actually has its origins in ancient China. "Sakura, Sakura" was performed on instruments such as the **koto**, a 13-string instrument that is more than 4000 years old, and the **shakuhachi** or bamboo flute. The unique sound of this ancient Japanese melody results from the pentatonic (or five-note) sequence used in this tonal system.



## **EE BAND PERUSAL BOOK 1: CLARINET**







## **Theme and Variations**

A musical form featuring a **theme**, or primary melody, followed by **variations**, or altered versions of the theme.





D.C. al Fine

At the **D.C. al Fine** play again from the beginning, stopping at **Fine** (fee'-nay). **D.C.** is the abbreviation for **Da Capo**, or "to the beginning," and **Fine** means "the end."



## **EE BAND PERUSAL BOOK 1: TRUMPET**

## Sharp #

A sharp sign raises the pitch of a note by a half-step. The note F-sharp sounds a half-step above F, and all F's become F-sharps for the rest of the measure where they occur.

## 92. RAZOR'S EDGE - New Note



#### 93. THE MUSIC BOX



African-American spirituals originated in the 1700's, midway through the period of slavery in the United States. One of the largest categories of true American folk music, these primarily religious songs were sung and passed on for generations without being written down. The first collection of spirituals was published in 1867, four years after The Emancipation Proclamation was signed into law.

African-American Spiritual

## 94. EZEKIEL SAW THE WHEEL





A curved line which connects notes of different pitch. Tongue only the first note in a **slur**.

19

## 95. SMOOTH OPERATOR



## 96. GLIDING ALONG



Ragtime is an American music style that was popular from the 1890's until the time of World War I. This early form of jazz brought fame to pianists like "Jelly Roll" Morton and Scott Joplin, who wrote "The Entertainer" and "Maple Leaf Rag." Surprisingly, the style was incorporated into some orchestral music by Igor Stravinsky and Claude Debussy. The trombones now learn to play a glissando, a technique used in ragtime and other styles of music.

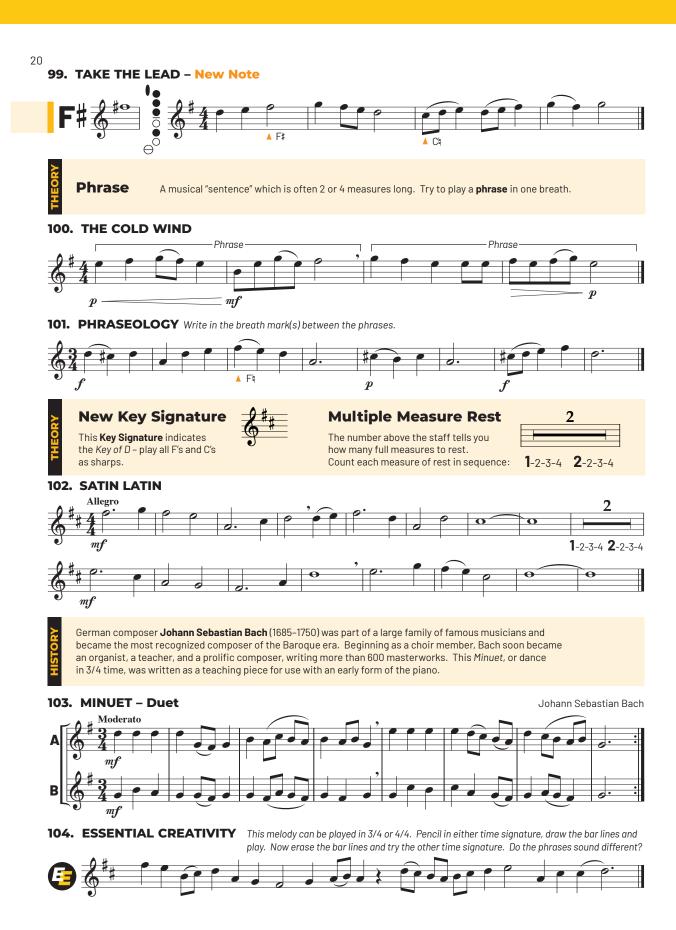
## 97. TROMBONE RAG



## 98. ESSENTIAL ELEMENTS QUIZ



## **EE BAND PERUSAL BOOK 1: ALTO SAXOPHONE**





Austrian composer **Franz Peter Schubert** (1797–1828) lived a shorter life than any other great composer, but he created an incredible amount of music: more than 600 art-songs (concert music for voice and accompaniment), ten symphonies, chamber music, operas, choral works and piano pieces. His "March Militaire" was originally a piano duet.

Franz Schubert

21

## 106. MARCH MILITAIRE



#### Flat b

A **flat** sign lowers the pitch of a note by a half-step. The note A-flat sounds a half-step below A, and all A's become A-flats for the rest of the measure where they occur.

## THEORY

#### 107. THE FLAT ZONE - New Note



## 108. ON TOP OF OLD SMOKEY

American Folk Song



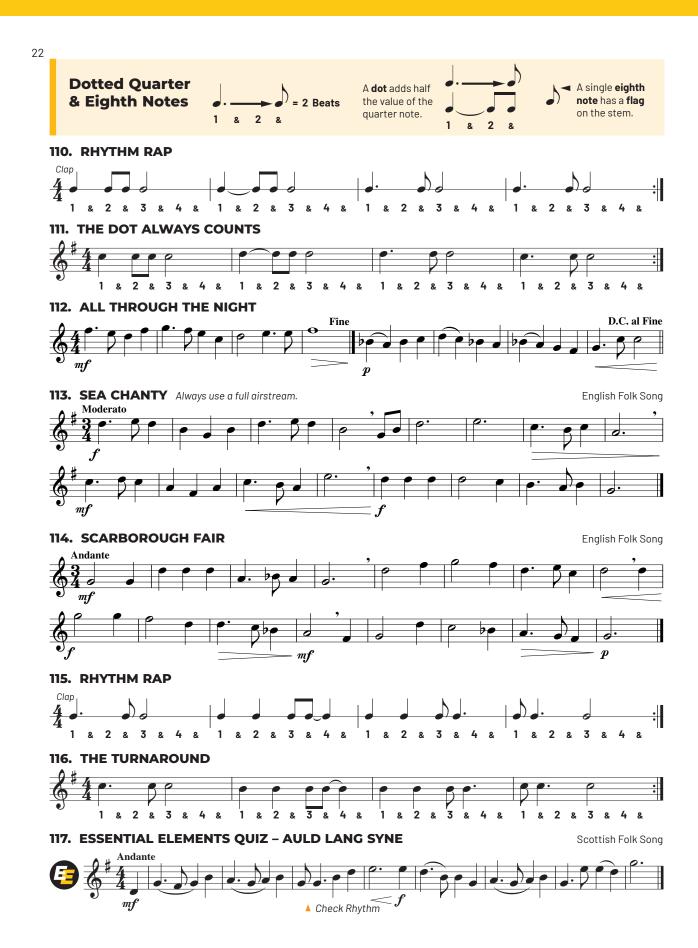
**Boogie-woogie** is a style of the **blues**, and it was first recorded by pianist Clarence "Pine Top" Smith in 1928, one year after Charles Lindbergh's solo flight across the Atlantic. A form of jazz, blues music features altered notes and is usually written in 12-measure verses, like "Bottom Bass Boogie."

## HISTORY

## 109. BOTTOM BASS BOOGIE - Duet



## **EE BAND PERUSAL BOOK 1: ALTO SAXOPHONE**



## **PERFORMANCE SPOTLIGHT**

**Solo with Piano** 

You can perform this solo with or without a piano accompanist. Play it for the band, the school or your family. It is part of Symphony No. 9 ("From The New World") by Czech composer Antonin Accompaniment Dvorák (1841–1904). He wrote it while visiting America in 1893, and was inspired to include melodies from American folksongs and spirituals. This is the Largo (or "very slow tempo") theme.



## **EE BAND PERUSAL BOOK 1: TENOR SAXOPHONE**

24

Great musicians give encouragement to fellow performers. On this page, clarinetists learn their instruments' upper register in the "Grenadilla Gorilla Jumps" (named after the grenadilla wood used to make clarinets). Brass players learn lip slurs, a new warm-up pattern. The success of your band depends on everyone's effort and encouragement.

## 119. GRENADILLA GORILLA JUMP No. 1



#### 120. JUMPIN' UP AND DOWN



## 121. GRENADILLA GORILLA JUMP No. 2



## 122. JUMPIN' FOR JOY

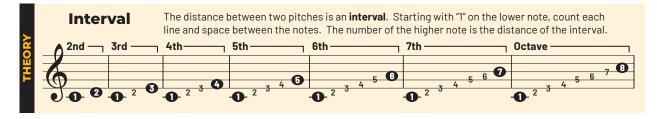


## 123. GRENADILLA GORILLA JUMP No. 3



## 124. JUMPIN' JACKS





## **125. ESSENTIAL ELEMENTS QUIZ** Write in the numbers of the intervals, counting up from the lower notes.





## 126. GRENADILLA GORILLA JUMP No. 4



## 127. THREE IS THE COUNT



## 128. GRENADILLA GORILLA JUMP No. 5 - New Note



## **129. TECHNIQUE TRAX**



## 130. CROSSING OVER



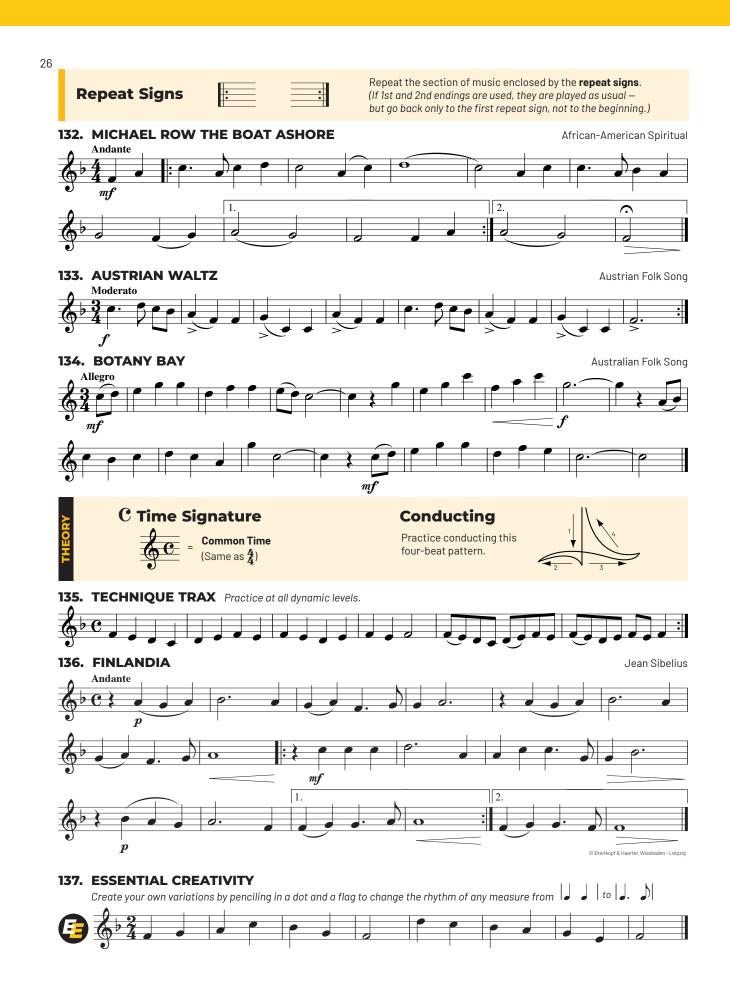
**Trio** A trio is a composition with three parts played together. Practice this trio with two other players and listen for 3-part harmony.







## **EE BAND PERUSAL BOOK 1: TENOR SAXOPHONE**



## **EE BAND PERUSAL BOOK 1: TENOR SAXOPHONE**



## **EE BAND PERUSAL BOOK 1: BASSOON**

28



A scale is a sequence of notes in ascending or descending order. Like a musical "ladder," each step is the next consecutive note in the key. This scale is in your Key of Bb (two flats), so the top and bottom notes are both Bb's. The interval between the Bb's is an octave.

## 147. CONCERT B SCALE



**Chord & Arpeggio** 

When two or more notes are played together, they form a **chord** or **harmony**. This Bb chord is built from the 1st, 3rd and 5th steps of the Bb scale. The 8th step is the same as the 1st, but it is an octave higher. An arpeggio is a "broken" chord whose notes are played individually.

**148. IN HARMONY** Divide the notes of the chords between band members and play together. Does the arpeggio sound like a chord?



#### 149. SCALE AND ARPEGGIO



Austrian composer Franz Josef Haydn (1732-1809) wrote 104 symphonies. Many of these works had nicknames and included brilliant, unique effects for their time. His Symphony No. 94 was named "The Surprise Symphony" because the soft second movement included a sudden loud dynamic, intended to wake up an often sleepy audience. Pay special attention to dynamics when you play this famous theme.

## 150. THEME FROM "SURPRISE SYMPHONY"

Franz Josef Haydn



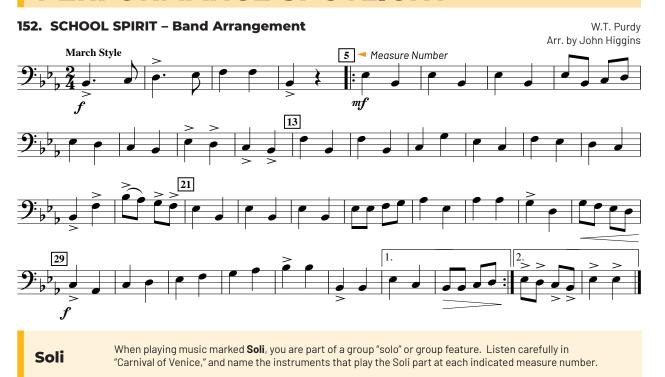
## 151. ESSENTIAL ELEMENTS QUIZ - THE STREETS OF LAREDO

American Folk Song

Write in the note names before you play.



## **PERFORMANCE SPOTLIGHT**



153. CARNIVAL OF VENICE - Band Arrangement

Allegro

Alle

# 

IISTORY

The traditional Hebrew melody "Hatikvah" has been Israel's national anthem since the nation's inception. At the Declaration of State in 1948, it was sung by the gathered assembly during the opening ceremony and played by members of the Palestine Symphony Orchestra at its conclusion.



## **EE BAND PERUSAL BOOK 1: BASSOON**



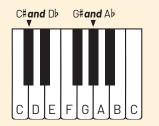
## **EE BAND PERUSAL BOOK 1: ALTO SAXOPHONE**

32 165. DANCING MELODY - New Note American composer and conductor John Philip Sousa (1854-1932) wrote 136 marches. Known as "The March King," Sousa wrote The Stars And Stripes Forever, Semper Fidelis, The Washington Post and many other patriotic works. Sousa's band performed all over the country, and his fame helped boost the popularity of bands in America. Here is a melody from his famous El Capitan operetta and march. **166. EL CAPITAN** John Philip Sousa Allegro ||2. "O Canada," formerly known as the "National Song," was first performed during 1880 in French Canada. Robert Stanley Weir translated the English language version in 1908, but it was not adopted as the national anthem of Canada until 1980, one hundred years after its premiere. 167. O CANADA Calixa Lavallee, l'Hon. Judge Routhier and Justice R.S. Weir Maestoso (Majestically) 9 168. ESSENTIAL ELEMENTS QUIZ - METER MANIA Count and clap before playing. Can you conduct this?

## **Enharmonics**

Two notes that are written differently, but sound the same (and played with the same fingering) are called enharmonics. Your fingering chart on pages 46-47 shows the fingerings for the enharmonic notes on your instrument.

On a piano keyboard, each black key is both a flat and a sharp:



**169. SNAKE CHARMER** 

Enharmonic notes use the same fingering.



#### 170. DARK SHADOWS



171. CLOSE ENCOUNTERS

Enharmonic notes use the same fingering.



172. MARCH SLAV



## 173. NOTES IN DISGUISE



**Chromatic Notes** 

Chromatic notes are altered with sharps, flats and natural signs which are not in the key signature. The smallest distance between two notes is a half-step, and a scale made up of consecutive half-steps is called a chromatic scale.

## 174. HALF-STEPPIN'



33

**IISTORY** 

French composer **Camille Saint-Saëns** (1835–1921) wrote music for virtually every medium: operas, suites, symphonies and chamber works. The "Egyptian Dance" is one of the main themes from his famous opera *Samson et Delilah*. The opera was written in the same year that Thomas Edison invented the phonograph—1877.

## 175. EGYPTIAN DANCE Watch for enharmonics.

Camille Saint-Saëns



## 176. SILVER MOON BOAT

Chinese Folk Song



STORY

German composer **Ludwig van Beethoven** (1770–1827) is considered to be one of the world's greatest composers, despite becoming completely deaf in 1802. Although he could not hear his music the way we can, he could "hear" it in his mind. As a testament to his greatness, his *Symphony No.* 9 (p. 13) was performed as the finale to the ceremony celebrating the reunification of Germany in 1990. This is the theme from his *Symphony No.* 7, second movement.

## 177. THEME FROM SYMPHONY NO. 7 - Duet

Ludwig van Beethoven



## **EE BAND PERUSAL BOOK 1: F HORN**

Russian composer **Peter Ilyich Tchaikovsky** (1840–1893) wrote six symphonies and hundreds of other works including *The Nutcracker* ballet. He was a master at writing brilliant settings of folk music, and his original melodies are among the most popular of all time. His 1812 Overture and Capriccio Italien were both written in 1880, the year after Thomas Edison developed the practical electric light bulb.



## PERFORMANCE SPOTLIGHT



## **EE BAND PERUSAL BOOK 1: FLUTE**

## **PERFORMANCE SPOTLIGHT**

184. THEME FROM 1812 OVERTURE - Band Arrangement Peter Ilyich Tchaikovsky Arr. by John Higgins 2. > > > > 26 

## **PERFORMANCE SPOTLIGHT**

Solo with Piano Accompaniment

Performing for an audience is an exciting part of being involved in music. This solo is based on *Serenade in G Major*, K. 525, also known as "Eine Kleine Nachtmusik" ("A Little Night Music"). **Wolfgang Amadeus Mozart** wrote this piece in 1787, the same year the American Constitution was signed into law. You and a piano accompanist can perform this for the band or at other school and community events.



## **EE BAND PERUSAL BOOK 1: FLUTE**

## **DUETS**

Here is an opportunity to get together with a friend and enjoy playing music. The other player does not have to play the same instrument as you. Try to exactly match each other's rhythm, pitch and tone quality. Eventually, it may begin to sound like the two parts are being played by one person! Later, try switching parts.



## **RUBANK® SCALE AND ARPEGGIO STUDIES**

ALTO SAXOPHONE KEY OF G (CONCERT Bb) In this key signature, play all F#'s.



## **RUBANK® SCALE AND ARPEGGIO STUDIES**

**KEY OF F** In this key signature, play all Bb's.



## **EE BAND PERUSAL BOOK 1: TROMBONE**



## **RHYTHM STUDIES**



**EE BAND PERUSAL BOOK 1: TROMBONE** 

## **EE BAND PERUSAL BOOK 1: TROMBONE**

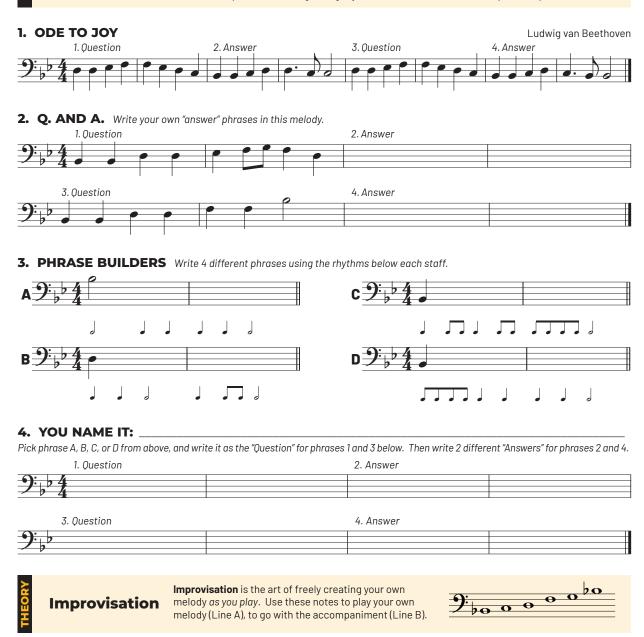
44

## **CREATING MUSIC**



## Composition

**Composition** is the art of writing original music. A composer often begins by creating a melody made up of individual **phrases**, like short musical "sentences." Some melodies have phrases that seem to answer or respond to "question" phrases, as in Beethoven's *Ode To Joy*. Play this melody and listen to how phrases 2 and 4 give slightly different answers to the same question (phrases 1 and 3).



## 5. INSTANT MELODY



You can mark your progress through the book on this page. Fill in the stars as instructed by your band director.



- 1. Page 2-3, The Basics
- 2. Page 5, EE Quiz, No. 13
- 3. Page 6, EE Quiz, No. 19
- 4. Page 7, EE Quiz, No. 26
- 5. Page 8, EE Quiz, No. 32
- 6. Page 10, EE Quiz, No. 45
- 7. Page 12-13, Performance Spotlight
- 8. Page 14, EE Quiz, No. 65
- 9. Page 15, Essential Creativity, No. 72
- 10. Page 17, EE Quiz, No. 84
- 11. Page 17, Essential Creativity, No. 85
- 12. Page 19, EE Quiz, No. 98
- 13. Page 20, Essential Creativity, No. 104
- 14. Page 21, No. 109

- 15. Page 22, EE Quiz, No. 117
- 16. Page 23, Performance Spotlight
- 17. Page 24, EE Quiz, No. 125
- 18. Page 26, Essential Creativity, No. 137
- 19. Page 28, No. 149
- 20. Page 28, EE Quiz, No. 151
- 21. Page 29, Performance Spotlight
- 22. Page 31, EE Quiz, No. 164
- 23. Page 32, EE Quiz, No. 168
- 24. Page 33, No. 174
- 25. Page 35, EE Quiz, No. 181
- 26. Page 36, Performance Spotlight
- 27. Page 37, Performance Spotlight
- 28. Page 38, Performance Spotlight

## **FINGERING CHART**

## **BASSOON**

## Taking Care Of Your Instrument

Before putting your instrument back in its case after playing, do the following:

- Carefully remove the reed and blow air through it. Return to reed case.
- Remove the bocal and blow air through the larger end to remove excess moisture.
- Take the instrument apart in the reverse order of assembly. Swab out each section with a cloth swab or cleaning rod. Drop the weight of the swab through each section and pull it through. Return each section to the correct spot in the case.

O = Open

= Pressed down

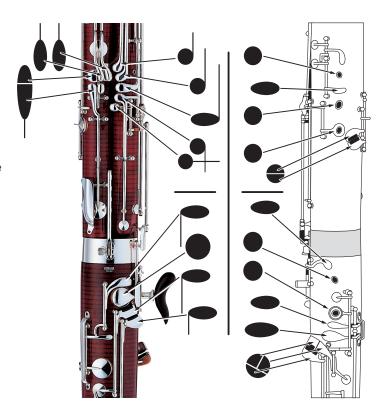
→ = Half-hole covered

= Quarter-hole open

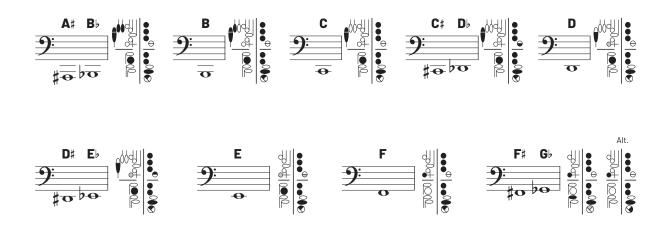
= Flicked

O = Optional

The most common fingering appears first when two fingerings are shown.



Instruments and photos courtesy of Yamaha.



## **EE BAND PERUSAL BOOK 1: BASSOON**

# 47 **FINGERING CHART BASSOON**

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