PERUSAL BOOK 1



ESSENTIAL ELEMENTS

for Strings

A COMPREHENSIVE STRING METHOD



MICHAEL ALLEN ROBERT GILLESPIE PAMELA TELLEJOHN HAYES

ARRANGEMENTS BY

JOHN HIGGINS



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PERUSAL BOOK FORMAT

This book is designed to give you an overview of Essential Elements for Strings Book 1. Throughout this book you will find every exercise and page from the book, from the conductor book as well as a mixture of various student books. A variety of instruments were chosen to offer a sampling of how each instrument is approached. Instruments are notated on each page as they change throughout the book.

ESSENTIAL ELEMENTS INTERACTIVE

Essential Elements Conductor and Student Books come with a wealth of tools and resources online! Be sure to check out www.essentialelementsinteractive.com for more information.



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EE STRINGS PERUSAL BOOK 1: TEACHER MANUAL

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SEQUENCE OF

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| Rhythms | | | | ↓ } | | | | | | | | |
| Theory | | | | | | | | | | | Scale | |
| History | Instrument Histories | | | | | | | Folk Songs | | | | |
| Terms | | | pizz. | Beat, Music Staff, Bar Line, Measure, Notes, Rest | Clef, Time Signature, Double Bar, Repeat Sign, Counting | Sharp, Keeping Fingers Down Bracket LLL (Bass) | | | Keeping Fingers Down Bracket ————————————————————————————————(Violin, Viola, Cello) | | | |
| Listening Skills | | | | | | G, F#, E | | | | D, C#, B | | |
| Familiar Melodies | | | | At Pierrot's Door | | | | Morning Dance, Rolling Along | Good King Wenceslas, Lightly Row | | | |
| Special Features | Welcome to String Playing | Instrument Care, Instrument Parts, Bow Parts, Accessories | Instrument Position, Pizzicato | | Counting Introduced | Shaping Left Hand Introduced | | | New Bass Note: A on G String, Left Hand Rote Exercises | | Pizzicato D Major Scale, Bass Shifting | |
| Quiz Assessments | | | | | pizz. D/A Strings, Counting, | | pizz. D String (G String Bass), Counting, Steady Beat, Square 1st Finger, Time Signature, Clef, Double Bar | | pizz. D String (G String Bass), Counting, Steady Beat, Square 1" Finger, Keeping Fingers Down, Violin/Viola Shoulder Position | A String Notes | Left Hand Shape, Bass Shifting, pizz. D Major Scale | Essential Creativity, Drawing Notes on the Staff |
| Note Sequence | | | | 1 | | | | | | | | |
| Violin | \$ | | | | | #- | | | | | | |
| Viola | 1 2 | | | | | | | | | = # | | |
| Cello | 9 : | | | | | | | | | - #- | | |
| Bass | 9: | | | | | | | | | - #- | | |
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| Bowings | Bow Builder Five: Bowing with Rosin Raps | | | Bow Builder Six: Let's Bow! | String Levels Bow Builder Seven: Bowing Notes of the D Major Scale | Bowing Fingered Notes | | | | | | |
| Rhythms | | | | | | | | יייי יינעי | וניניו | J = | | |
| Theory | | Writing D Major Scale Notes | D Major Key Signature | | | | | | Time Signature: 2 4 1st and 2nd Endings | Repeat Signs | | Round, Chord, Harmony |
| History | Israeli Folk Song | | Mozart | | | | | | | | Beethoven | |
| Terms | Down Bow, Up Bow | | | arco | Bow Lift | | | Tempo Markings: Allegro Moderato Andante | | | | Measure Number |
| Listening Skills | | | | Bowing Open D, A Strings | | | | | | | | |
| Familiar Melodies | Dreidel | Jingle Bells, Old MacDonald Had A Farm | Twinkle, Twinkle, Little Star | | | | | Hot Cross Buns, Au Clair De La Lune | | At Pierrot's Door, Grandparent's Day, Michael Row The Boat Ashore | Ode To Joy | Frère Jacques, Boil `Em Cabbage Down |
| Special Features | | | Essential Creativity: Composing | | | Steps For Practicing Music that is Bowed | Special Exercises (Violin, Viola, Cello), Bass C# on A String | | Conducting Pattern | 4 th Finger Pizzicato (Violin, Viola) | Bowing 4 th Finger (Violin, Viola) | Performance Spotlight |
| Quiz Assessments | | | | | Parallel Bowing, Smooth and Even Tone, Arm Level Changes at String Crossings | | Bowing D/A Notes, Bow Markings, Parallel Bowing, String Levels, Half and Whole Steps | | Bow Markings, Parallel Bowing, String Levels, Half and Whole Steps, 1" and 2 nd Endings | | 4 [™] Finger (Violin, Viola) | |
| Note Sequence | • | | | | | | | | | | | |
| Violin | • | | | | | | | | | | | |
| Viola |) 5 | | | | | | | | | | | |
| Cello | 9: | | | | | | | | | | | |
| Bass | 9: | | | | | | # | | | | 4 1 III III | |
| | | | | | | | | | | | | |

Correlating St. Orch. Arr. Levels Explorer Level

EE STRINGS PERUSAL BOOK 1: TEACHER MANUAL

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SEQUENCE OF

| | | | | _ ~ | , | | | | | | | |
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| Student Page | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 |
| Bowings | | Bowing G String (Violin, Viola, Cello), Bowing E, A Strings (Bass) | | Changing Bow Speeds | Slur 2 Notes | | Slur 3 Notes | | | | | |
| Rhythms | | | | | | | | | | | | |
| Theory | | G Major | Common Time | J. | Tie, Slur | Upbeat, D.C. al Fine | | Half Step, Whole Step | Chromatics | C Major Key Signature | Theme and Variations | |
| History | Offenbach Operetta | | | | | Latin American Music | Far Eastern Music | | | Nationalistic Music | 16th Century, Thomas Tallis | |
| Terms | | Ledger Lines (Violin) | | | | | | | | Duet | | |
| Listening Skills | | G, A, B, C | | | | | | Fξ | Сŧ | | | C String Notes (Viola, Cello) |
| Familiar Melodies | Lightly Row Can-Can | | Baa Baa Black Sheep, This Old Man | French Folk Song, Sailor's Song | | Banana Boat Song, Firoliralera | Jingli Nona | | Bluebird's Song | A-Tisket, A-Tasket, Russian Folk Tune | Bingo, Skip To My Lou, Happy Birthday | |
| Special Features | Performance Spotlight | | Writing G Major Notes, 4th Finger D on G String (Violin, Viola), Conducting 4-Beat Pattern | Time Signature: 3 4 Conducting 3-Beat Pattern, New Position II ½ (Bass) | | Orchestra Arrangement | EE Skill Builders: G Major | New Finger Pattern: Low 2 nd Finger on D String (Violin, Viola) | New Finger Pattern: Low 2 nd Finger on A String (Violin, Viola) | Duet, New Position II (Bass) | Low and High Second Finger Patterns (Violin, Viola), Essential Creativity: Creating Rhythms, Round | Special Exercises and Orchestra Team Work, C Major Scale |
| Quiz Assessments | | | G String Notes (Violin, Viola, Cello), 4th Finger on G String (Violin, Viola), Counting ♪, ↓ in ¼ Time | 3 Time, Counting J. Changing Bow Speeds | | | | | | F-natural C-natural (Violin, Viola), 4™ Finger, Tempo Marking: Andante | | |
| Note Sequence | ٨ | | | | | | | | | | | |
| Violin | • | | | | | | | - | | | | |
| Viola | 5 | | | | | | | | | | | |
| Cello | 9: | | | | | | | 40 | | | | |
| Bass | 9: | | | | | | | 40 | 4- | | | |
| Correlating | | • | | | | | | • | _ | | | |

Correlating St. Orch. Arr. Levels Performer Level

EE STRINGS PERUSAL BOOK 1: TEACHER MANUAL

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ESSENTIAL ELEMENTS

| Teacher | | | | | | | | | | | | |
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| Bowings | Changing Bow Speed | | | ļ | لِي إِ | Forte Bowing, Piano Bowing | | | | | | |
| Rhythms | | | | | | | | | | | | |
| Theory | Arpeggio | | | | | | | | | | Improvisation | |
| History | | | | | | | African Music | Gioachino Rossini | | | | |
| Terms | | | | Staccato | Hooked Bowing | Dynamics | | | Solo | | | |
| Listening Skills | | D, E, F\(\bar{4}\), F\(\pi\), G, A | Bowing E String (Violin) | | | | | | | | | |
| Familiar Melodies | Long, Long Ago, Monday's Melody | | Shepherd's Hey, Big Rock Candy Mountain, Academic Festival Overture Theme | Arkansas Traveler | Pop Goes The Weasel | Surprise Symphony Theme | Cripple Creek | William Tell Overture | Simple Gifts | | | |
| Special Features | | Upper Octave G Major Scale (Violin) | | Staccato, EE Skill Builders: G Major | Hooked Bowing, EE Skill Builders: C Major | Dynamics: f, $pEE Skill Builders:Scales andArpeggios$ | Performance Spotlight, Orchestra Arrangement | Performance Spotlight, Orchestra Arrangement | Performance Spotlight, Orchestra Arrangement | Performance Spotlight, Solo with Piano Accompaniment Violin: Bach Minuet No. 1 Viola: Bach Minuet in C Cello: Bach Minuet No. 2 Bass: Bach March in D | Improvising Rhythms and Melodies, Fingering Chart | EE Reference Index |
| Quiz Assessments | | | E String Notes, Up-Beat | | | | | | | | | |
| Note Sequence Violin | 2 | *** | • | | | | | | | | | |
| | 9 | 4 | | | | | | | | | | |
| Viola | 5 | | | | | | | | | | | |
| Cello | 9 | | | | | | | | | | | |
| Bass | 9 | #- | | | | | | | | | | |

Correlating St. Orch. Arr. Levels w Artist Level 10

USING ESSENTIAL ELEMENTS FOR STRINGS

Essential Elements for Strings is a comprehensive method for string musicians, and can be used with heterogeneous and like-instrument classes or individuals. It is designed with fail-safe options for teachers to customize the learning program to meet their changing needs.

The Teacher Manual includes all the music and text from the student books, plus time-saving **EE Teaching Tips** throughout the score. As in the student books, the introduction of a new concept is always highlighted by a **color** box.

STARTING SYSTEM

INSTRUMENT POSITION

- Guitar Position
- Shoulder Position

SHAPING THE LEFT HAND

- · Higher numbered fingers first to help shape the hand
- Pizzicato reinforced first so that bowing skills may be developed separately for mastery before combining with left hand skills
- Work-outs rote activities for developing left hand skills

LISTENING SKILLS

 Included for each new pitch to develop intonation skills.

BOW BUILDERS

 Seven carefully sequenced activities for developing string students' beginning bowing skills.

RHYTHM RAPS

After establishing the quarter note pulse, all new rhythms are presented in the innovative **Rhythm Rap** format. Each Rhythm Rap may be clapped, tapped, counted aloud or silently, shadow bowed (bowed in the air), or bowed on an open string. After each Rhythm Rap, the identical rhythms are played on simple pitches in the next exercise.

PLAY-ALONG TRACKS

Play-along tracks are available for all exercises in the book. From the very beginning, students can model tone production and technique by listening to a professional orchestra.

For classroom use, the Teacher Manual includes access to online resources which include play-along tracks of each exercise, with a small string ensemble demonstrating the melody part.

There is a one measure count-off before each track. These tracks are performed on real instruments that support phrasing and dynamics, teaching musicality from the start. They explore a rich variety of musical styles and cultures, including classical, rock, jazz, country, and world music.

Tracks are also available online at **www.myeelibrary.com**.

PERFORMANCE SPOTLIGHTS

Carefully selected music that reviews skills and technique, and may be used for concert performance.

EE SKILL BUILDERS

Technical exercises to reinforce important playing skills.

MUSIC THEORY, HISTORY, AND CROSS-CURRICULAR ACTIVITIES

All the necessary materials are woven into the learning program—right in the student books. With teaching time in short supply, it would normally be impractical to take class time to relate music to history, world cultures or to other subjects in the curriculum. But Essential Elements for Strings correlates these activities with the concepts and music throughout the program. These Theory and History features are highlighted by color boxes and appear throughout the book.

As a result, teachers can efficiently meet and exceed the **National Standards for Arts Education**, while still having the time to focus on music performance skills.

Essential Creativity exercises appear throughout the book. These are preliminary activities designed to stimulate imaginations, and to foster a creative attitude toward music. Strategies for completing each Essential Creativity exercise are included in the student book. Additional suggestions are included in the Teacher Manual.

ASSESSMENT

ESSENTIAL ELEMENTS QUIZZES

Playing quizzes appear throughout the student books. Objectives highlight the exact elements being reviewed and tested. Review exercises in the Teacher Manual suggest specific examples for students requiring additional practice. Be certain students meet your performance expectations on each quiz.

A Star Achiever chart is provided in the Teacher Manual. It lists all the Essential Elements Quizzes and Essential Creativity exercises. This chart should be reproduced and distributed to each student.

EE CHECKS

EE Checks appear throughout *Essential Elements for Strings*. They are special reminders for students to evaluate the playing skills that have just been introduced.

ADDITIONAL RESOURCES AVAILABLE

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PIANO ACCOMPANIMENT BOOK

Piano accompaniments for each exercise are provided in a separate book, but are also printed in the Teacher Manual. They may be used for teaching or performance and offer a variety of styles, from classical to contemporary popular music. You may want to alter these piano accompaniments to meet your specific needs.

CORRELATED MATERIALS

The Essential Elements for Strings Series includes original and popular music, arranged for beginning strings. Each publication is correlated to one of five specific "levels" within Books 1 and 2 (see the Sequence Of Essential Elements chart in the Teacher Manual for details). Contact your music dealer or the publisher for information on the latest releases in this series.



THE POWERFUL CLOUD-BASED COMPANION TO THE ESSENTIAL ELEMENTS METHOD BOOKS



Essential Elements Interactive includes SoundCheck Performance Assessment and a wealth of online resources to support the time-tested Essential Elements methods. EEi is free to use for students and teachers, and Music Studio access is included with physical or digital method book purchases containing the activation code.

- Cloud-based platform—eliminating the need to download any software or renew licenses
- Seamless Google Classroom integration
- Online performance assessment powered by SoundCheck
 Soun
- Music studio with professional demonstration and accompaniment tracks, recording features, and practice tools (metronome, tuner, finger chart)
- Video assignment recording features for assessment, practice, and lesson review
- Supplemental learning resources such as pedagogical lessons, music theory lessons and more
- Customizable classroom calendar and flexible communication tools for teachers and students
- Pedagogically appropriate Bonus Songs available online and instrumentspecific instructional videos

Essential Elements Interactive is available for Essential Elements for Band and Strings Books 1, 2, and 3.



Create your free account today at essentialelementsinteractive.com or scan the QR code.



INSTRUCTIONAL VIDEOS ONLINE

Over 150 new videos have been added to the online library across all instruments. These videos are recorded by real life teachers who have used Essential Elements for years with their students. These videos are instrument-specific and address various friction points that can creep up, especially in group instruction settings.



Bow Builders



Left Hand Shape



Hooked Bowing



Left Hand Workouts



Cello Shape Bowhand



Cello String Levels



Bass 3rd Position



Bass C Natural



Bass Shifting

All videos will be available to stream online through the purchase of each method book.

CORRELATED, COPYRIGHTED POP MUSIC

Recent, popular Bonus Songs will be available online on Essential Elements Interactive that are pedagogically appropriate for what the student has learned at various points in the books. Students will be able to play familiar parts of the most recent pop songs from artists like Billie Eilish, Chappell Roan, Ed Sheeran, Taylor Swift and more! All are played in comfortable keys and with notes and rhythms they have already learned.



drivers license
by Olivia Rodrigo



I Ain't Worried (from Top Gun Maverick) by OneRepublic



Good Luck, Babe! by Chappell Roan



What Was I Made For? (from Barbie)
by Billie Eilish

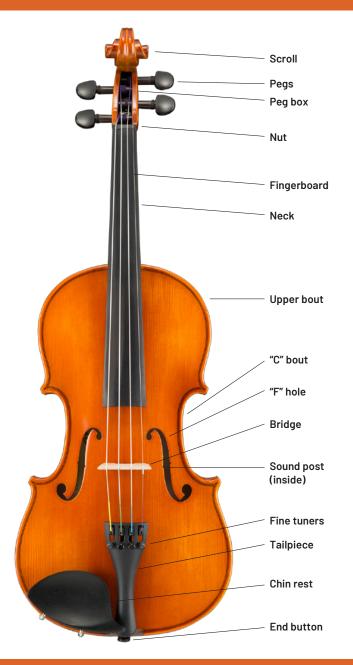
- Pedagogically appropriate
- Play familiar parts of the most recent songs, bowings and fingerings included
- Comfortable keys
- Notes and rhythms that students have already learned



EE STRINGS PERUSAL BOOK 1: VIOLIN

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THE VIOLIN



Take Special Care

String instruments are delicate. Follow your teacher's guidelines in caring for your instrument, and it will last forever.

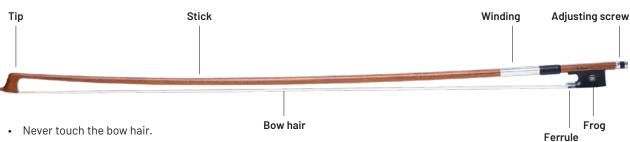
- · Follow your teacher's instructions when removing the instrument from the case.
- Protect your instrument from heat, cold, and quick changes in temperature.
- Always wipe off the instrument with a soft dry cloth. Be sure to remove all fingerprints and rosin.
- Place a cloth over the top of the violin before closing the case.

Accessories

- Rosin
- Shoulder rest
- Soft cloth
- Extra set of strings

Instruments and photos courtesy of Eastman Music Company.

THE BOW



- Keep the bow in your case until directed by your teacher.

Holding Your Instrument

The best way to learn to play your instrument is to practice one skill at a time. Repeat each step until you are comfortable demonstrating it for your teacher and classmates.

- **Step 1** Remove the bow from the case and put it in a safe place. Open the case and remove the cello. Identify all parts of the cello.
- **Step 2** Adjust the length of the end pin so that the scroll of the cello is near your nose when standing.
- **Step 3** Sit on the front half of your chair with your feet positioned underneath your knees. Place the end pin directly in front of you one arm's length away.
- **Step 4** Lean the cello slightly to the left and allow the instrument to rest against your chest. The 'C' peg should be near your head behind your left ear, and both knees should touch the cello just below the 'C' bout. It may be necessary to readjust the length or position of the end pin. Identify the letter names of each string: C (lowest pitch), G, D, A. Raise your right index finger over the strings and pluck them as directed by your teacher. Plucking the strings is called *pizzicato*, and is abbreviated *pizz*.







EE STRINGS PERUSAL BOOK 1: VIOLIN

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Beat = The *Pulse* of Music The **beat** in music should be very steady, just like your pulse. **Quarter Note** = 1 Beat of Sound **Notes** tell us how high or low to play, and how long to play. **Quarter Rest** 1 = 1 Beat of Silence Rests tell us to count silent beats. **Music Staff** The **music staff** has 5 lines and 4 spaces. Measure Measure Music **Bar Lines** Staff Bar lines divide the music staff into measures. Bar Line Bar Line Bar Line **Measures**

The **measures** on this page have four beats each.

1. TUNING TRACK Wait quietly for your teacher to tune your instrument.

2. LET'S PLAY "OPEN D"



3. LET'S PLAY "OPEN A"



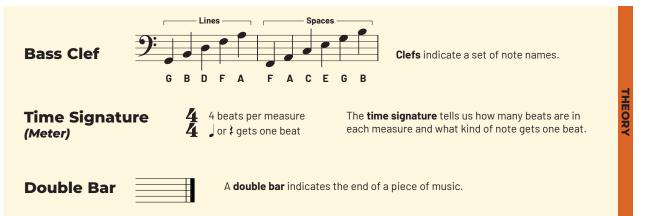
Keep a steady beat.

4. TWO'S A TEAM



5. AT PIERROT'S DOOR The melody is included on the online audio.



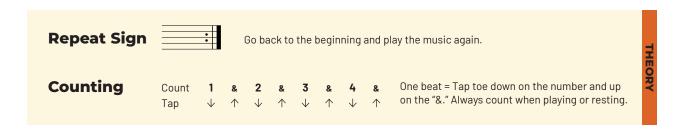


6. JUMPING JACKS Identify the clef and time signature before playing.

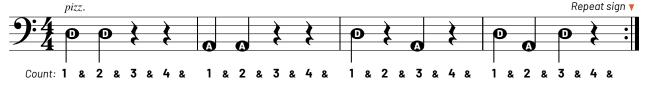


7. MIX 'EM UP

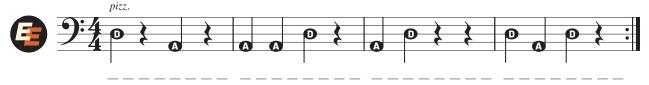




8. COUNT CAREFULLY Keep a steady beat when playing or resting.

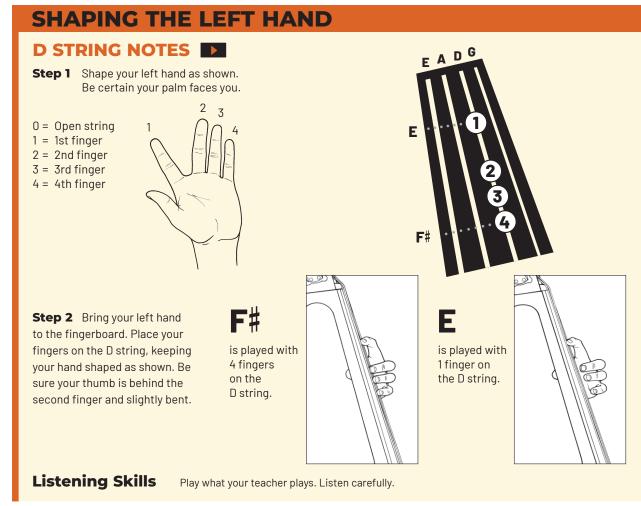


9. ESSENTIAL ELEMENTS QUIZ Write in the counting before you play.



5

6



10. LET'S READ "G" Start memorizing the note names.



Sharp #

A **sharp** sign raises the sound of notes and remains in effect for the entire measure. Notes without sharps are called **natural** notes.

11. LET'S READ "F#" (F-sharp)



12. LIFT OFF



▲ Keep fingers down when you see this bracket.

Is your left hand shaped as shown in the diagrams above?



SHAPING THE RIGHT HAND

BOW BUILDER ONE (French)

Bow Builder One is demonstrated on the online video, showing both French and German bow holds.

Pencil Hold

- **Step 1** Hold a pencil in your left hand about waist level.
- **Step 2** Place the tip of your right thumb between the first and second joints of your second finger.
- **Step 3** Place the pencil between your thumb and second finger, while keeping your thumb gently curved.
- **Step 4** The pencil should touch your first three fingers between the first and second joints, and touch the fourth finger at the first joint, as shown.
- **Step 5** Remove your left hand from the pencil. Keep your fingers relaxed. Practice shaping your hand on the pencil until it feels natural to you.





Practice BOW BUILDER ONE daily.

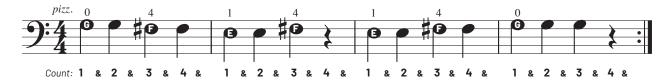
13. ON THE TRAIL Say or sing the note names before you play.



14. LET'S READ "E"



15. WALKING SONG



16. ESSENTIAL ELEMENTS QUIZ Draw the missing symbols where they belong before you play:



7

8

BOW BUILDER TWO

Pencil Hold Exercises

I'm Outta Here

Wave good-bye while keeping your wrist relaxed.

Thumb Flexers

Flex your thumb in and out.

Finger Taps

Tap your first finger. Then tap your fourth finger.

Knuckle Turnovers

Turn your hand over and be sure your thumb knuckle is bent, as shown.



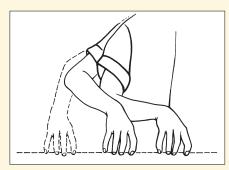
Knuckle Turnovers

BOW BUILDER THREE



Elbow Energy

- Swing your right elbow away from your body.
- Open your right forearm, as shown.
- Close your right forearm.
- Swing your elbow back toward your body.



Elbow Energy

17. HOP SCOTCH



ISTORY

Folk songs have been an important part of cultures for centuries and have been passed on from generation to generation. Folk song melodies help define the sound of a culture or region. This folk song comes from the Slavic region of eastern Europe.

18. MORNING DANCE

Slavic Folk Song



19. ROLLING ALONG



WORKOUTS

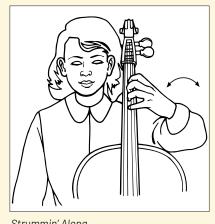
Practice the following exercises with your left hand:

Finger Taps

Tap fingertips on any string. Practice in different combinations of fingers.

Strummin' Along

Strum the strings with your 4th finger while swinging your elbow, as shown.



Strummin' Along

20. GOOD KING WENCESLAS

Welsh Folk Song



▲ Keep fingers down when you see this bracket.

21. SEMINOLE CHANT



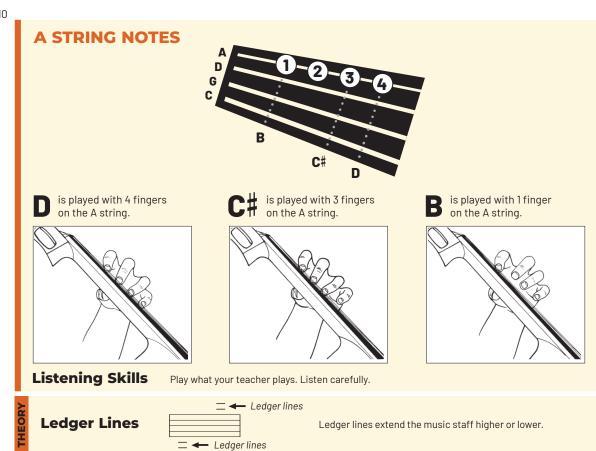
22. ESSENTIAL ELEMENTS QUIZ - LIGHTLY ROW





9

10



23. LET'S READ "D"



24. LET'S READ "C#" (C-sharp)

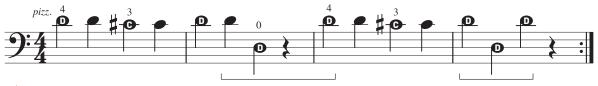


▲ Play all C♯'s. Sharps apply to the entire measure.





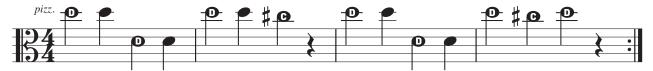
26. CARIBBEAN ISLAND



Practice BOW BUILDERS ONE, TWO, and THREE daily.

EE STRINGS PERUSAL BOOK 1: VIOLA

27. OLYMPIC HIGH JUMP



28. LET'S READ "B"



29. HALF WAY DOWN



30. RIGHT BACK UP



Scale

A **scale** is a sequence of notes in ascending or descending order. Like a musical "ladder," each note is the next consecutive step of the scale. This is your D Scale. The first and last notes are both D.

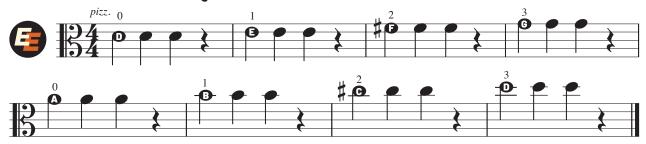
11

31. DOWN THE D SCALE Remember to memorize the note names.





32. ESSENTIAL ELEMENTS QUIZ - UP THE D SCALE

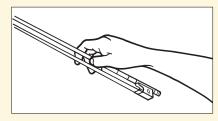


12

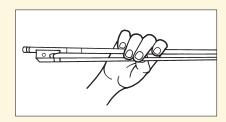
BOW BUILDER FOUR

On the Bow (Early Bow Hold)

- **Step 1** Identify all parts of the bow (see page 2). Hold the bow in your left hand near the tip with the frog pointing to the right.
- **Step 2** Put your right thumb and 2nd finger on the bow stick near the middle of the bow.
- **Step 3** Shape your right hand on the bow stick, as shown.
- **Step 4** Turn your right hand over, and be sure your thumb and fingers are curved.
- **Step 5** Hold the bow and repeat the exercises on page 8.



Balancing The Bow



Early Bow Hold



Alert Do not place your bow on the instrument until instructed to do so by your teacher.

33. SONG FOR CHRISTINE





34. NATALIE'S ROSE Remember to count.





35. ESSENTIAL CREATIVITY How many words can you create by drawing notes on the staff below?





Example E G G

HISTOR'

EE STRINGS PERUSAL BOOK 1: VIOLA

Folk songs often tell stories. This **Israeli folk song** describes a game played with a dreidel, a small table-top spinning toy that has been enjoyed by families for centuries. The game is especially popular in December around the time of Hanukkah.





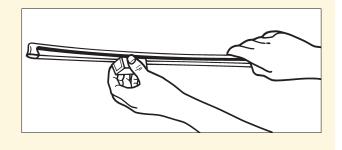


BOW BUILDER FIVE

Shadow Bowing

Shadow Bowing is bowing without the instrument.

- **Step 1** Tighten the bow hair as instructed by your teacher.
- **Step 2** Place the rosin in your left hand. Hold the bow at the balance point.
- **Step 3** Shadow bow by slowly moving the bow back and forth on the rosin. Be sure to move the bow, not the rosin.

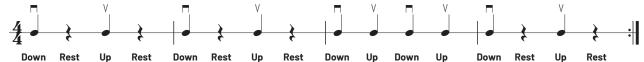


Down Bow

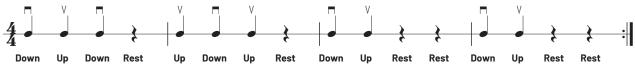
Move the bow away from your body (to the right).

Up Bow V Move the bow toward your body (to the left).

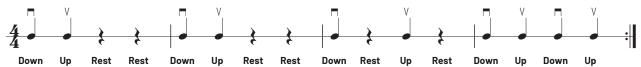
37. ROSIN RAP #1 Bow these exercises on the rosin.



38. ROSIN RAP #2



39. ROSIN RAP #3

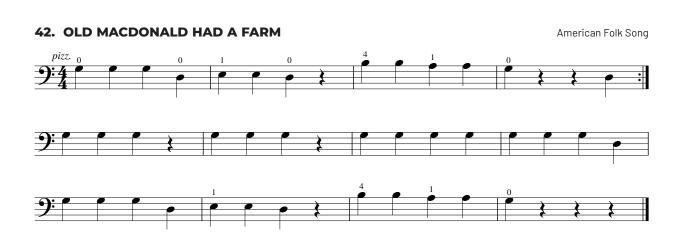


14

40. CAROLINA BREEZE



41. JINGLE BELLS J. S. Pierpont pizz.



15

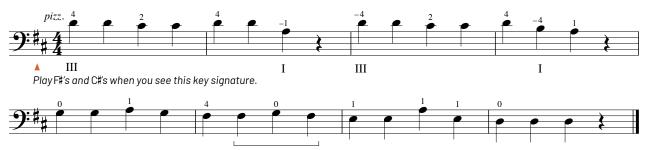


Key Signature D MAJOR



A **key signature** tells us what notes to play with sharps and flats throughout the entire piece. Play all F's as F# (F-sharp) and all C's as C# (C-sharp) when you see this key signature, which is called "D Major."

44. MATTHEW'S MARCH



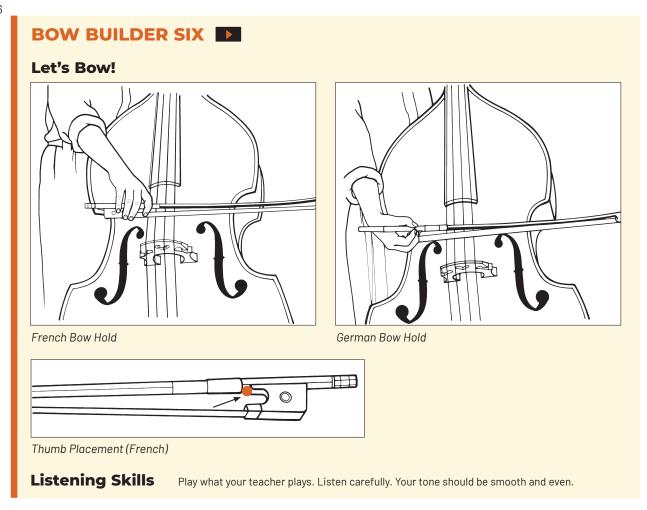
45. CHRISTOPHER'S TUNE

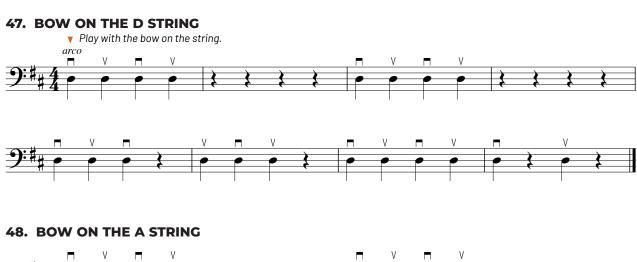


46. ESSENTIAL CREATIVITY Play the notes below. Then compose your own music for the last two measures using the notes you have learned with this rhythm:



16



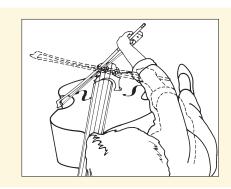


WORKOUTS

String Levels

Your arm moves when bowing on different strings. Memorize these guidelines:

- Move your arm forward and up to play higher-pitched strings.
- Move your arm back and down to play lower-pitched strings.



Raise arm = higher string Lower arm = lower string

49. RAISE AND LOWER



50. TEETER TOTTER



51. MIRROR IMAGE



Bow Lift

Lift the bow and return to its starting point.

52. A STRAND OF D'N' A



53. ESSENTIAL ELEMENTS QUIZ - OLYMPIC CHALLENGE





Combining Both Hands

Using notes from the D major scale, echo what your teacher plays.



18

PUTTING IT ALL TOGETHER

Congratulations! You are now ready to practice like an advanced player by combining left and right hand skills while reading music. When learning a new line of music, follow these steps for success:

Step 1 Tap your toe and say or sing the letter names.

Step 2 Play *pizz*. and say or sing the letter names.

Step 3 Shadow bow and say or sing the letter names.

Step 4 Bow and play as written.

54. BOWING "G"



55. BACK AND FORTH



56. DOWN AND UP



57. TRIBAL LAMENT



58. BOWING "D"



59. LITTLE STEPS



60. ELEVATOR DOWN



61. ELEVATOR UP



62. DOWN THE D MAJOR SCALE



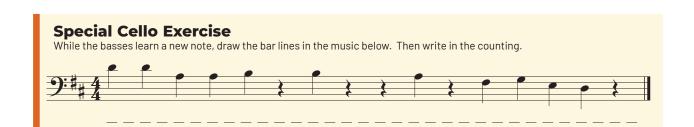


63. SCALE SIMULATOR Remember to count.



64. ESSENTIAL ELEMENTS QUIZ - THE D MAJOR SCALE



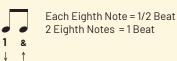


65. LET'S READ "C#" - Review



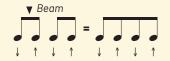
20







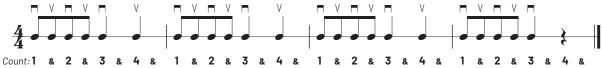
Two or more Eighth Notes have a beam across the stems.



Tap your toe down on the number and up on the "&."

66. RHYTHM RAP

Shadow bow and count before playing.

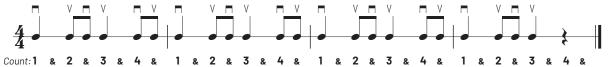


67. PEPPERONI PIZZA



68. RHYTHM RAP

Shadow bow and count before playing.



69. D MAJOR SCALE UP



Tempo Markings Tempo is the speed of music. Tempo markings are usually written above the staff, in Italian.

Allegro – Fast tempo **Moderato** – Medium tempo Andante - Slower, walking tempo

70. HOT CROSS BUNS



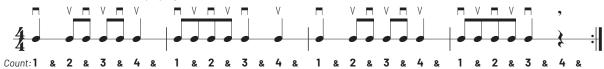
71. AU CLAIRE DE LA LUNE

French Folk Song

Andante

72. RHYTHM RAP

Shadow bow and count before playing.



73. BUCKEYE SALUTE





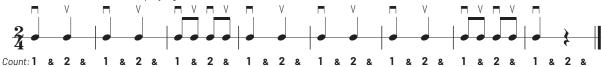


Practice conducting this two-beat pattern.



74. RHYTHM RAP

Shadow bow and count before playing.



75. TWO BY TWO

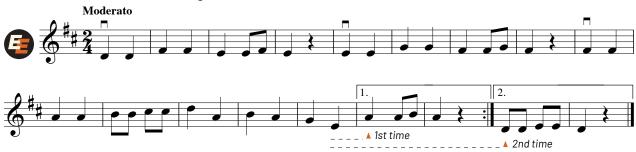




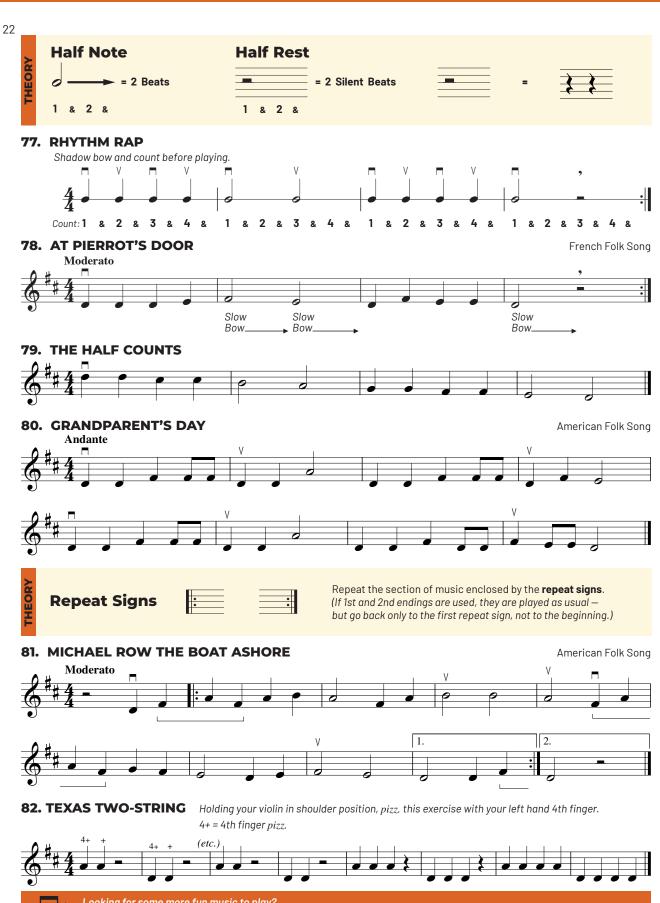


Play the 1st ending the 1st time through. Then, repeat the same section of music, skip the 1st ending, and play the 2nd ending.

76. ESSENTIAL ELEMENTS QUIZ - FOR PETE'S SAKE



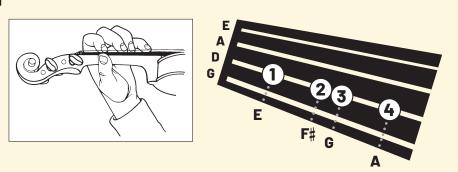
EE STRINGS PERUSAL BOOK 1: VIOLIN



EE STRINGS PERUSAL BOOK 1: VIOLIN

4TH FINGER

Your **4th finger** is often used to match the pitch of the next highest open string, creating a smoother tone and fewer changes between the strings for bowing.



83. FOUR BY FOUR



84. 4TH FINGER MARATHON



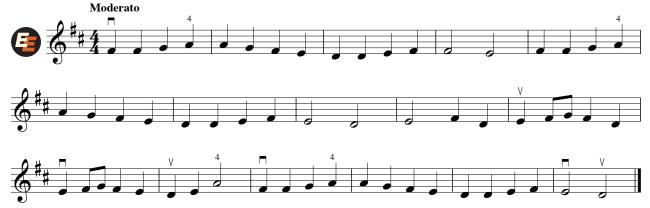
85. HIGH FLYING



German composer **Ludwig van Beethoven** (1770–1827) was one of the world's greatest composers. He was completely deaf by 1802. Although he could not hear music like we do, he could "hear" it in his mind. The theme of his final *Symphony No. 9* is called "Ode To Joy," and was written to the text of a poem by Friedrich von Schiller. "Ode To Joy" was featured in concerts celebrating the reunification of Germany in 1990.

86. ESSENTIAL ELEMENTS QUIZ - ODE TO JOY

Ludwig van Beethoven



24

PERFORMANCE SPOTLIGHT



Good performers are on time with their instruments and music ready, dressed appropriately, and know their music well.

87. SCALE WARM-UP





88. FRÈRE JACQUES – Round (When group A reaches ②, group B begins at ①)

French Folk Song







Chord, Harmony

Two or more pitches sounding at the same time form a **chord** or **harmony**. Throughout this book, $\mathbf{A} = \text{Melody}$ and $\mathbf{B} = \text{Harmony}$.

89. BOIL 'EM CABBAGE DOWN - Orchestra Arrangement

American Fiddle Tune





PERFORMANCE SPOTLIGHT

90. ENGLISH ROUND



91. LIGHTLY ROW - Orchestra Arrangement



French composer **Jacques Offenbach** (1819–1880) was the originator of the **operetta** and played the cello. An **operetta** is a form of entertainment that combines several of the fine arts together: vocal and instrumental music, drama, dance, and visual arts. One of his most famous pieces is the "Can-Can" dance from *Orpheus And The Underworld*. This popular work was written in 1858, just three years before the start of the American Civil War (1861–1865).

92. CAN-CAN - Orchestra Arrangement

Jacques Offenbach Arr. John Higgins

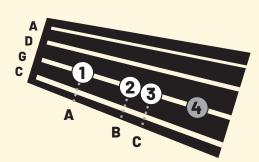




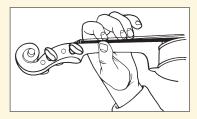
EE STRINGS PERUSAL BOOK 1: VIOLA

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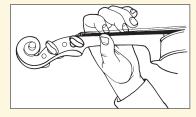
G STRING NOTES



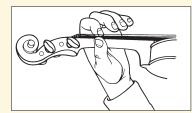
is played with 3 fingers on the G string.



B is played with 2 fingers on the G string.



is played with 1 finger on the G string.



Listening Skills

Play what your teacher plays. Listen carefully.

HEORY

Key Signature G MAJOR



Play all F's as F# (F-sharp) and all C's as C\(\(\text{C-natural} \)).

93. LET'S READ "G"



▲ Play F‡'s and C‡'s in this key signature.

94. LET'S READ "C" (C-natural)



95. LET'S READ "B"

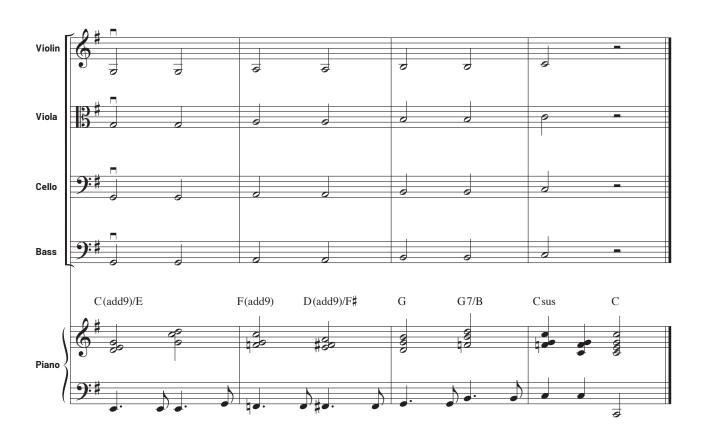


96. LET'S READ "A"







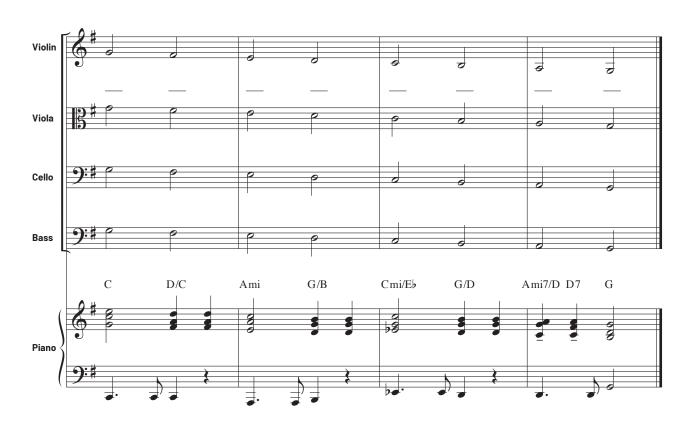


Student Book Page 27

Teacher Check that students have written the correct name of the notes in exercise 98 before playing.

98. G MAJOR SCALE Write the note names before you play.





Violin/ Viola Fourth finger D on the G string is introduced in exercise 99. Have students compare their fingered D to their open D string for tuning. Be sure their left arm is centered underneath their instrument so that they may reach the fourth finger D on the G string.

99. FOURTH FINGER D



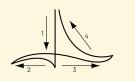


145

Time Signature
(Meter)



ConductingPractice conducting this four-beat pattern.



Teacher Have students practice the 4 conducting pattern to reinforce their feeling and understanding of **Common Time**.















QUIZ OBJECTIVES - THIS OLD MAN

- G string notes
- Violin/Viola 4th finger D
- Counting quarter, eighth, and half notes in $\frac{4}{4}$ time

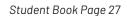
Review Exercises:

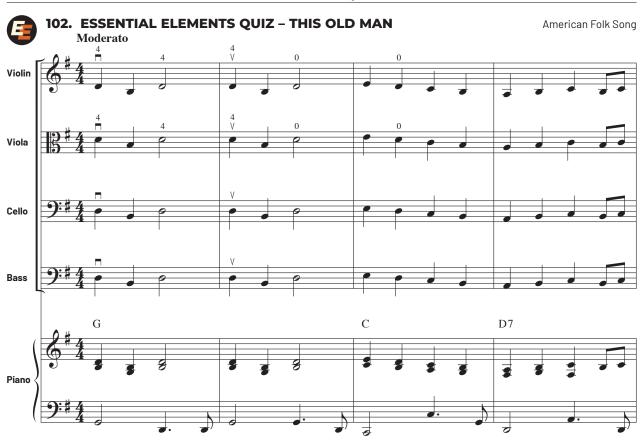
97. Walking Around

99. Fourth Finger D

100. Low Down

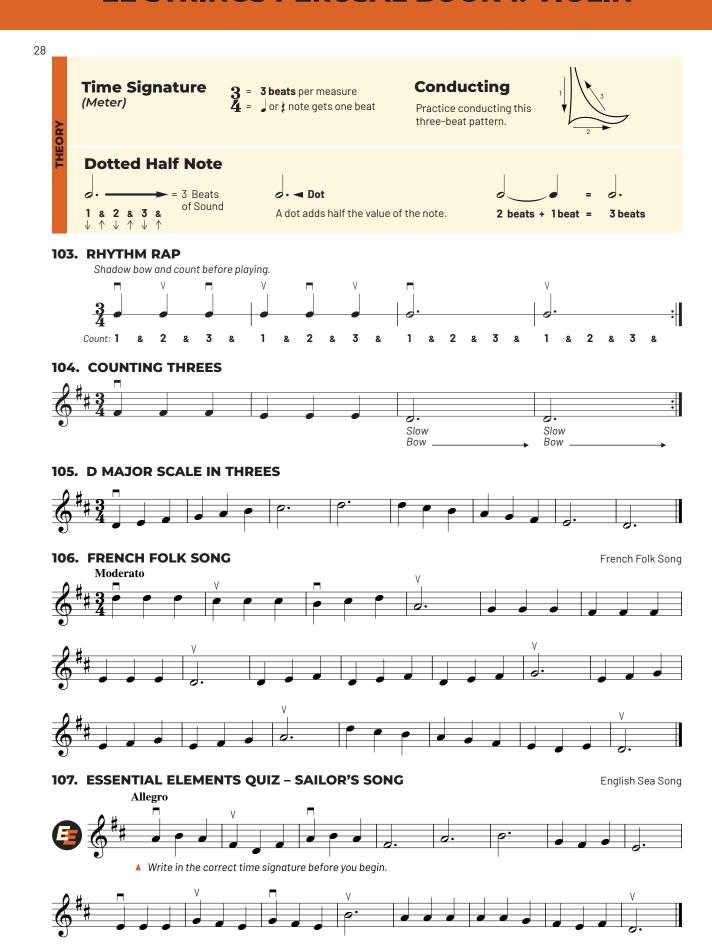
101. Baa Baa Black Sheep



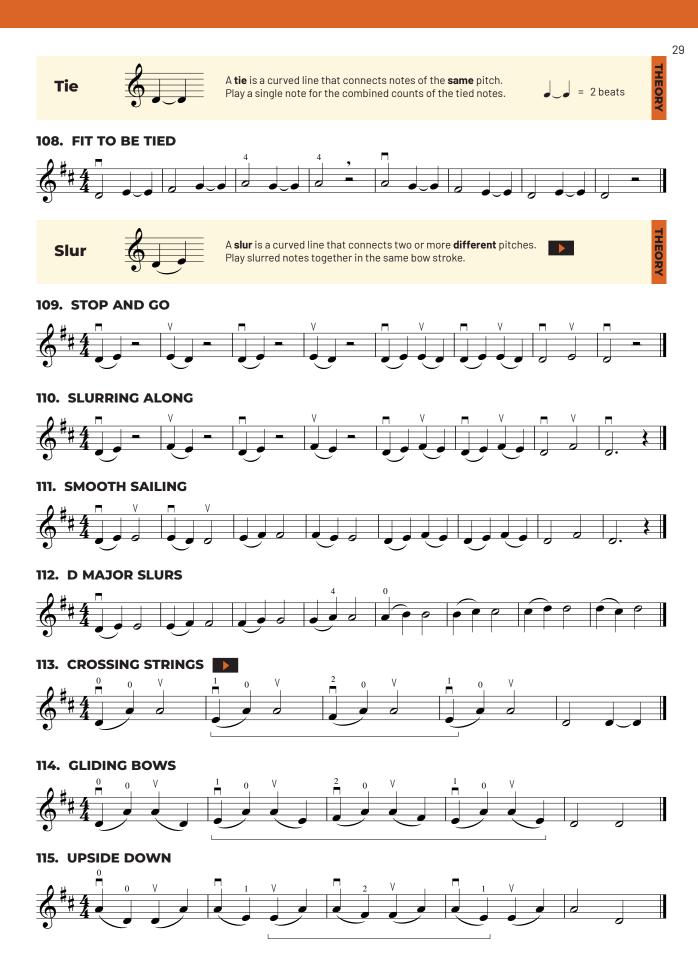




EE STRINGS PERUSAL BOOK 1: VIOLIN



EE STRINGS PERUSAL BOOK 1: VIOLIN



THEORY

Upbeat

A note (or notes) that appears before the first full measure is called an **upbeat** (or **pickup**). The remaining beats are found in the last measure.

116. SONG FOR MARIA



ISTORY

Latin American music combines the folk music from South and Central America, the Caribbean Islands, African, Spanish, and Portuguese cultures. Melodies often feature a lively accompaniment by drums, maracas, and claves. Latin American styles have become part of jazz, classical, and rock music.

HEORY

D.C. al Fine

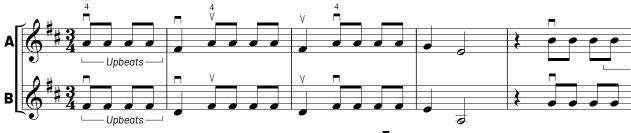
Allegro

Play until you see the **D.C. al Fine**. Then go back to the beginning and play until you see **Fine** (fee'- nay). **D.C.** is the abbreviation for **Da Capo**, the Italian term for "return to the beginning." **Fine** is the Italian word for "the finish."



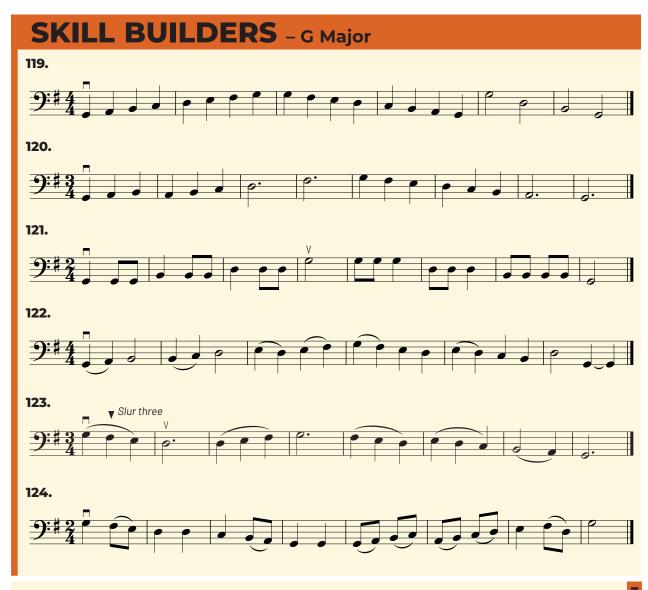
118. FIROLIRALERA - Orchestra Arrangement

Mexican Folk Song Arr. John Higgins

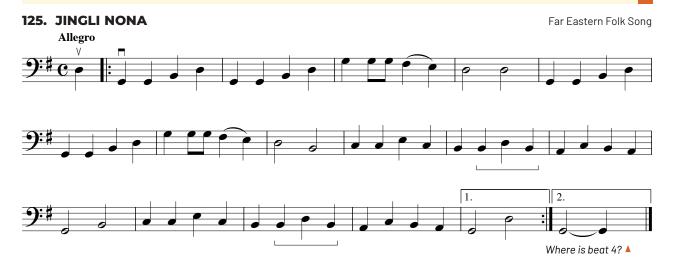








Far Eastern music comes from Malaysia, Indonesia, China and other areas. Historians believe the first orchestras, known as **gamelans**, existed in this region as early as the 1st century B.C. Today's gamelans include rebabs (spiked fiddles), gongs, xylophones, and a wide variety of percussion instruments.



32

Second Finger on the D String F is played with 2 fingers on the D string. Listening Skills Play what your teacher plays. Listen carefully.

HEORY

Natural 4

A **natural** sign cancels out a flat (\flat) or a sharp (\sharp) and remains in effect for the entire measure.

126. LET'S READ "F" (F-natural)



Ha W

Half Step

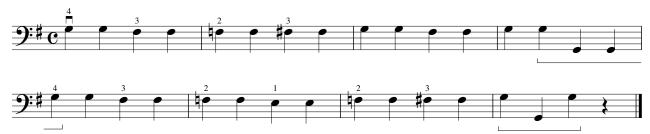
 $\ensuremath{\mathsf{A}}$ half step is the smallest distance between two notes.

Whole Step A whole step is two half steps combined.

127. HALF-STEPPIN' AND WHOLE-STEPPIN'

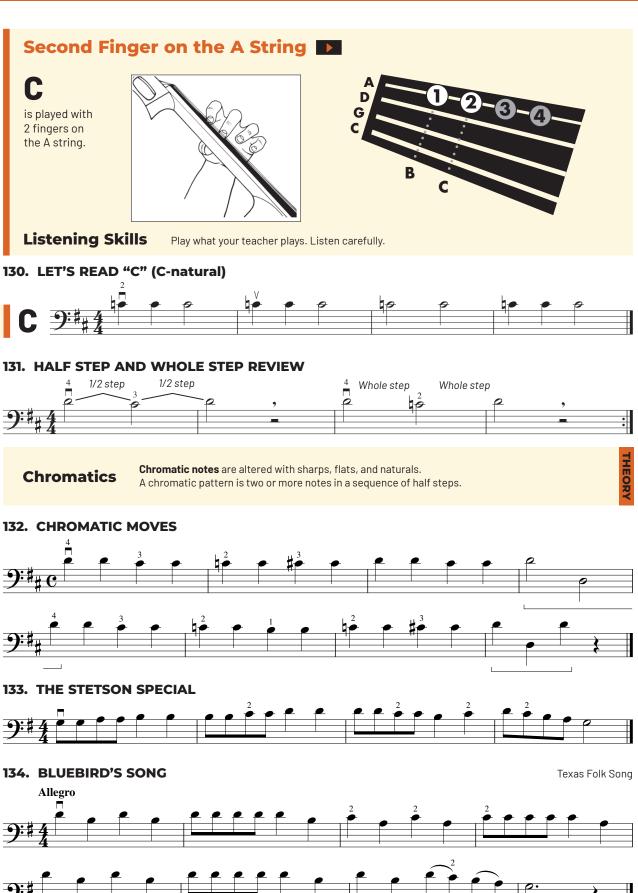


128. SPY GUY



129. MINOR DETAILS





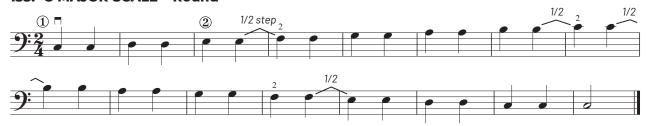
34

Key Signature C MAJOR



All notes are naturals.

135. C MAJOR SCALE - Round



Duet

A composition with two different parts, played together.

136. SPLIT DECISION - Duet



137. OAK HOLLOW



138. A-TISKET, A-TASKET



HISTORY

In the second half of the 1800s many composers tried to express the spirit of their own country by writing music with a distinct national flavor. Listen to the music of Russian composers such as Borodin, Tchaikovsky, and Rimsky-Korsakov. They often used folk songs and dance rhythms to convey their nationalism. Describe the sounds you hear.

139. ESSENTIAL ELEMENTS QUIZ - RUSSIAN FOLK TUNE

Russian Folk Song





This page mixes finger patterns. (For violins, violas, and cellos.)

140. BINGO

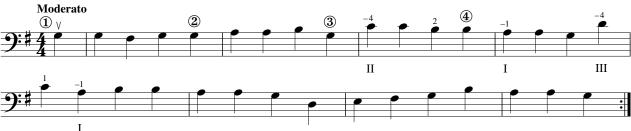
18th Century English Game Song



English composer Thomas Tallis (1505-1585) served as royal court composer during the reigns of Henry VIII, Edward VI, Mary, and Elizabeth I. Composers and artists during this era wanted to recreate the artistic and scientific glories of ancient Greece and Rome. The great artist Michelangelo painted the Sistine Chapel during Tallis' lifetime. Rounds and canons were popular forms of music during the early 16th century. Divide into groups, and play or sing the Tallis Canon as a 4-part round.

Thomas Tallis

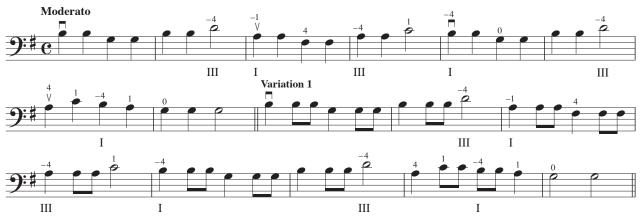
141. TALLIS CANON - Round



Theme and Variations

Theme and Variations is a musical form where a theme, or melody, is followed by different versions of the same theme.

142. VARIATIONS ON A FAMILIAR SONG



Variation 2 - make up your own variation

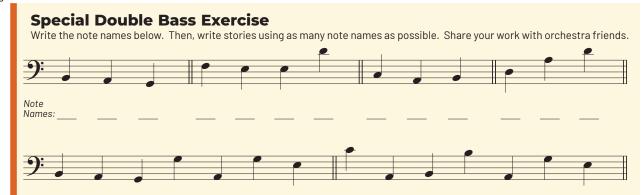
143. ESSENTIAL CREATIVITY - THE BIRTHDAY SONG



Now play the line again and create your own rhythm.

35

36



Team Work

Great musicians give encouragement to their fellow performers. Viola and cello players will now learn new challenging notes. The success of your orchestra depends on everyone's talent and patience. Play your best as these sections advance their musical technique.

Listening Skills

Play what your teacher plays. Listen carefully.

144. LET'S READ "C" - Review



145. LET'S READ "F" - Review



146. LET'S READ "E" - Review



147. LET'S READ "D" - Review

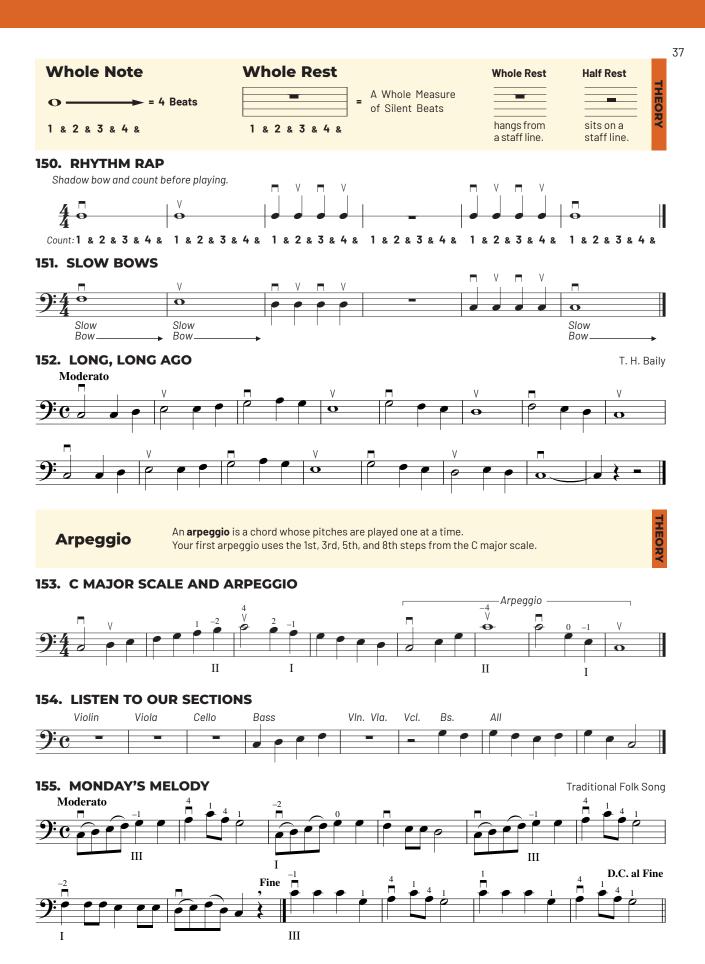


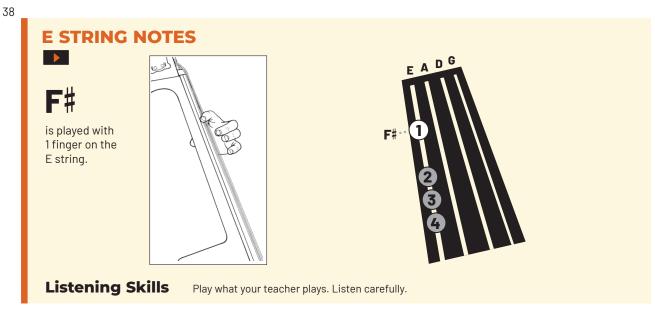
148. SIDE BY SIDE Name the notes before you play.



149. C MAJOR SCALE







156. LET'S READ "E"



157. LET'S READ "A" - Review



158. LET'S READ "G" - Review



159. LET'S READ "F#" (F-sharp)



160. MOVING ALONG Name the notes before you play.



161. G MAJOR SCALE



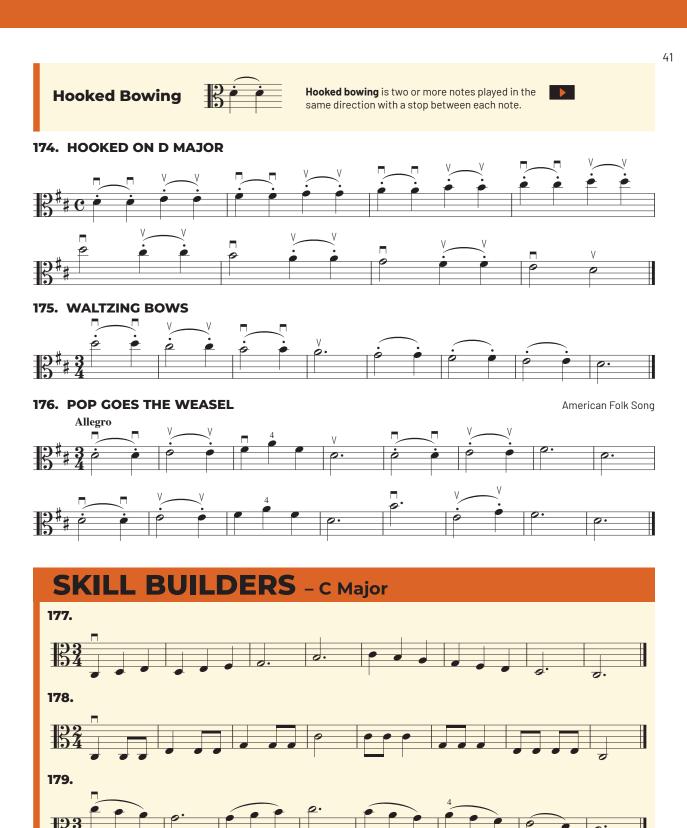
EE STRINGS PERUSAL BOOK 1: VIOLA

39 162. SHEPHERD'S HEY English Folk Song Moderato 163. BIG ROCK CANDY MOUNTAIN American Folk Song Allegro 2. **Listening Skills** Play what your teacher plays. Listen carefully. 164. LET'S READ "B" - Review 165. ICE SKATING Moderato 166. ESSENTIAL ELEMENTS QUIZ - ACADEMIC FESTIVAL OVERTURE THEME Johannes Brahms Moderato

EE STRINGS PERUSAL BOOK 1: VIOLA

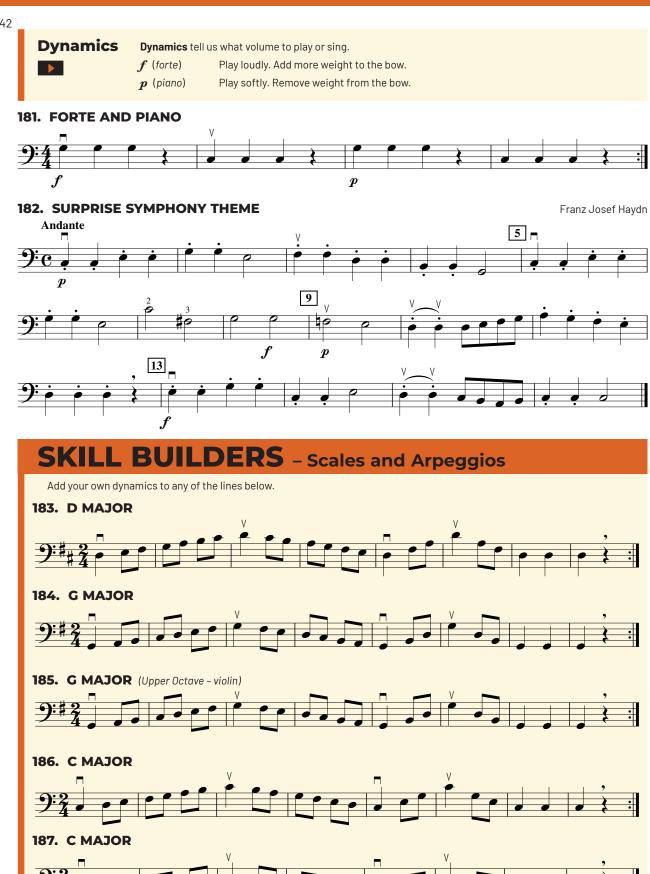
40

Staccato notes are marked with a dot above or below the note. A staccato note is **Staccato** played with a stopped bow stroke. Listen for a space between staccato notes. 167. PLAY STACCATO **168. ARKANSAS TRAVELER** Southern American Folk Song Allegro **SKILL BUILDERS** - G Major 169. 170. 171. 172. 173.



180.

42



PERFORMANCE SPOTLIGHT

188. CRIPPLE CREEK - Orchestra Arrangement (A = Melody and B = Harmony)

American Folk Song Arr. Michael Allen



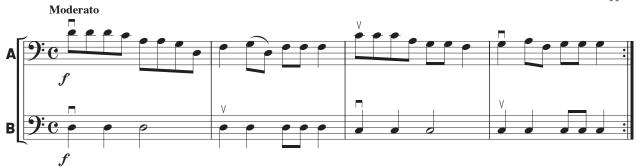


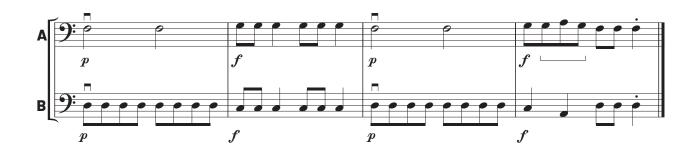
Africa is a large continent made up of many nations, and African folk music is as diverse as its many cultures. This folk song is from Kenya. The words describe warriors as they prepare for battle. Listen to examples of African folk music and describe the sound.

HISTORY

189. TEKELE LOMERIA - Orchestra Arrangement

Kenyan Warrior Song Arr. John Higgins





PERFORMANCE SPOTLIGHT

ISTORY

Italian composer **Gioachino Rossini** (1792–1868) wrote some of the world's favorite operas. "William Tell" was Rossini's last opera, and its popular theme is still heard on television.

190. WILLIAM TELL OVERTURE - Orchestra Arrangement

Gioachino Rossini Arr. John Higgins



191. ROCKIN' STRINGS - Orchestra Arrangement

John Higgins





PERFORMANCE SPOTLIGHT



PERFORMANCE SPOTLIGHT

Solo with Piano Accompaniment

A solo is a composition written for one player, often with piano accompaniment. This solo was written by **Johann Sebastian Bach** (1685-1750). You and a piano accompanist can perform for the orchestra, your school, your family and other occasions. When you have learned the piece well, try memorizing it. Performing for an audience is an excellent part of being involved in music.



EE STRINGS PERUSAL BOOK 1: VIOLIN

Improvisation

Improvisation is the art of freely creating your own music as you play.

THEOR

47

194. RHYTHM JAM Using the following notes, improvise your own rhythms.

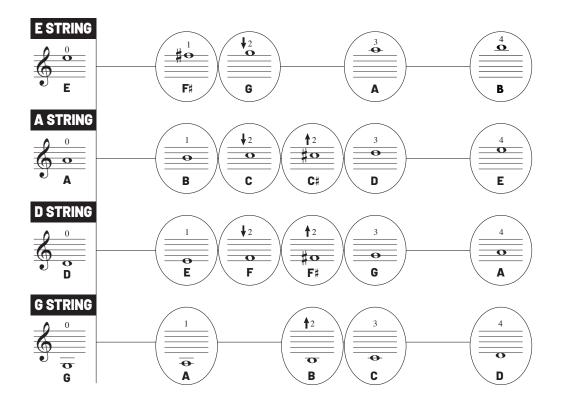


195. INSTANT MELODY Using the following notes, improvise your own melody (Line A), to go with the accompaniment (Line B).





VIOLIN FINGERING CHART



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Ouarter Note 4

Quarter Rest 4

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Shadow Bowing 13

Sharp 6

Slur 29

Solo 46

Staccato 40

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Treble Clef 5 (violin)

Up Bow 13

Upbeat 30

Whole Note 37

Whole Rest 37

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